



BEREAVEMENT SUPPORT GROUPS

Bereavement Support Groups are open to anyone in the community regardless of where the death occurred.

All programs are held at Carroll Hospice, 292 Stoner Avenue, Westminster, MD 21157, unless otherwise noted.

Mending Hearts

Open to those who have experienced a death of a child of any age. This group addresses emotional issues surrounding the loss and offers coping strategies.

- Third Monday of each month from 6:30 PM - 8:00 PM. *No registration required.*

Bereavement Luncheons

An opportunity to meet, have lunch and receive support from others in the community that are suffering from the death of someone close.

- Last Tuesday of each month at Noon. *No registration required.*
- Meets at Baugher's Restaurant, 289 West Main Street, Westminster, MD 21157.

Grief after a Substance Abuse Loss Support Group

Open to those who have experienced the death of a loved one related to substance abuse or addictions. The group addresses the unique emotional issues surrounding the loss and offers coping strategies.

- First Tuesday of each month from 5:00 PM - 6:30 PM. *No registration required.*

Widows and Widowers Support Group

Open to women and men of all ages who have experienced a death of a spouse or partner. Attendees receive emotional support and discuss techniques to successfully cope with their grief.

- First Tuesday of each month from 6:30 PM - 8:00 PM. *No registration required.*

Pet Loss Support Group – Registration required - Call 410-871-7656

This support group is for anyone whose pet died. This group addresses the emotional issues surrounding the loss and offers coping strategies.

- Quarterly on a Saturday from 10:30 AM- 12:00 Noon. Please call for Dates.

Camp T.R. – Registration and Completed Application required - Call 410-871-7656

This weekend grief camp assigns a grief buddy for children (ages 7-15) who have experienced a death of a loved one. Each participant is assigned a grief buddy.

- Meets the first weekend in June.
- Held at Camp Hashawha Environmental Center, 300 John Owings Road, Westminster, MD 21158.

If the weather is inclement, please follow the Carroll County Public Schools policy. If schools are closed, our groups are cancelled. If schools are two hours late or less, groups during the day will be cancelled. If afternoon activities are cancelled, groups in the evening will be cancelled.

To register or for more information, please call Carroll Hospice at 410-871-7656.