Regions of France

https://us.france.fr/en/places-to-go

Official website of the French Government Tourist Office. Scroll to the bottom and click on your assigned region. Find information on history, culture and places to visit.

http://www.france-pub.com/list_regions.html

Click on the region's name for more information. Each link opens a page showing maps, photos and information for the region.

Encyclopedia Britannica

Type in your region’s name. Article will include a mix of information on history, geography, population, images and more.

http://www.regions-of-france.com/regions

Click on region’s name to find info on geography, history, economy, and statistics

https://www.campusfrance.org/en/tourism-visit-regions-France

Includes videos of regions and additional information

French Recipes

www.cuisine-france.com

Cuisine-France provides some of the most popular French cuisine recipes. The regional French cuisine is a snapshot of the products available in one region, of its history and tradition.


The food of France is a wonderful entryway into learning about French culture and the characteristics that define France from one region to the next. Culinary history stretches way back in France and each region has its own unique story to tell.

https://www.traditionalfrenchfood.com/

Use the interactive map of France to browse through recipes and information from the different regions of France. Follow the links further down the page to find specific information about famous French food and recipes.

https://www.lovefrenchfood.com/traditional-french-foods.html

Regional food and facts

https://www.saveur.com/classic-french-recipes

France has a rich culinary history, from rustic peasant foods to the most technical haute cuisine masterpieces. Click to find favorite French recipes from across the country.
Knight Cite