

Francis Scott Key High School



Student/Parent Athletic Handbook

2019-2020

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1) Introduction to Francis Scott Key High School

Being a parent of a typical high school student is a challenging enough task. This effort and responsibility can be complicated by also being a parent of a high school student/athlete. This handbook, with its guidelines and suggestions, will hopefully give you some insights into this responsibility. This handbook describes the rules, policies, procedures, and framework within which the FSK Athletic Department functions. Both the student-athlete and the parents/guardians should carefully review the content of this handbook before the first contest. Upon reviewing the contents, the student and his or her parents/guardians should sign the attached contract on the last page and submit it to the coach prior to the first contest.

2) Athletic Program Offerings

The Athletic Department of Francis Scott Key High School consists of the following sports:

Fall:

Cheerleading (Varsity & JV)
Cross Country (Boys)
Cross Country (Girls)
Field Hockey (Girls Varsity & JV)
Football (Boys Varsity & JV)
Golf (Co-ed Varsity)
Soccer (Boys Varsity & JV)
Soccer (Girls Varsity & JV)
Volleyball (Girls Varsity & JV)
Corollary Bocce Ball

Winter:

Basketball (Boys Varsity & JV)
Basketball (Girls Varsity & JV)
Cheerleading (Varsity & JV)
Indoor Track & Field (Co-ed Varsity & B)
Wrestling (Boys Varsity & B)
Corollary Bowling

Spring:

Baseball (Boys Varsity & B)
Lacrosse (Boys Varsity & JV)
Lacrosse (Girls Varsity & JV)
Softball (Girls Varsity & B)
Tennis (Boys Varsity)
Tennis (Girls Varsity)
Track & Field (Co-ed Varsity & B)
Corollary Corn Toss

3) FSK Athletic Philosophy

Athletics are an extension of the overall educational program at Francis Scott Key High School. While academic achievement is the primary focus of our school, interscholastic athletics provide an important dimension of education that is difficult to duplicate in the classroom setting. Participation in athletics at FSK is considered a privilege to students who meet eligibility requirements. This privilege carries with it responsibilities to the team, school, and community that the athlete represents. Student athletes will understand that an emphasis on academic achievement is important and that athletic achievement plays a secondary role to this first priority.

Preparing students to succeed in life during and after high school is the most important goal of the FSK athletic program. Sound athletic programs not only teach young people sports specific skills, but more importantly, lifelong skills such as: fun, commitment, participation, loyalty, accountability, sportsmanship, confidence, discipline, leadership, work ethic, stick-to-it-tive-ness, teamwork, respect, dealing with success and failure, goal setting, effort and other character traits.

All levels of each program are designed and carried out with these qualities in mind. While there appears to be no hard evidence that sports build these character traits, it is clear that sports provide the platform to display them.

Successful competitive performance is another important goal of the athletic program. Sound athletic programs not only define success as winning games, but more importantly, by the effort and manner in which winning is attempted. Through a well-planned and disciplined approach to physical and mental training, team dynamics, and competitive play, students are given many opportunities to be successful. Athletes are continually challenged to be successful by maximizing their performance, assessing and reassessing results, developing alternatives, embracing change, and maintaining perspective in an environment which demands a public display of personal triumphs and failures. Never confuse effort with performance. We will always prepare to give our best effort. While performance will not always be optimal, the constant strive for excellence in performance will be a key ingredient to our athletic program's chemistry.

Finally, the athletic program also plays an important role in the bonding of the school and the Francis Scott Key community. Civic pride, school and community spirit, and identification with the red, white, and navy blue, of the FSK Eagles are positive results of athletic participation that can last a lifetime. The athletic department aspires to instill school pride in all of those students who choose to take advantage of all that athletics have to offer. We also hope to instill that same school pride throughout the community, as well, by welcoming community members and local businesses to actively take part in the athletic program as fans, booster members, or sponsors. We are a community school. It is our ultimate goal to help our students reach their fullest potential in the classroom and on the playing fields, with as much positive community commitment, support, and interaction as possible.

4) Eligibility

Students must meet the following requirements to be eligible to participate. Participation of ineligible students shall result in individual and team sanctions, including forfeiting contests.

- Students must abide by all rules and regulations set forth by the Maryland Public Secondary Schools Athletic Association (MPSSAA) and Carroll County Public Schools (CCPS).
- All participants are required to provide a valid annual physical on the CCPS form on the first date of tryouts. Physicals are valid for one calendar year from the date of the doctor's signature. Then 30 days are allowed for completion of a new valid physical.
- All student-athletes and their parents must sign the required paperwork packet that includes the CCPS Concussion Information Sheet. All student-athletes in the designated contact sports must complete a baseline Impact computer test.
- Students and parents must submit a signed Student/Parent Participation Contract (last page of this handbook) before being allowed to participate in contests. Next to last page for student/parent, last page to be signed and handed to the head coach.
- Students selected for a team must pay CCPS an athletic fee. The athletic fee is \$105 per sports season, capped @ \$150 per sports season per family. A \$50 athletic fee will be charged for Corollary Sports. Checks are written to FSK, but the fee is sent directly to Central Office to help offset the costs of running the entire county athletic program. Students may not participate in contests until they have paid the athletic fee. Exemptions are allowed for families receiving free & reduced lunch, or who have financial hardship. Please see an administrator for the details.
- Any student who has reached his/her nineteenth birthday before August 31st of the upcoming school year, is no longer eligible to participate in high school athletics. Consequently, any student who is a senior (grade 12) may not participate on a JV team.
- A student shall only be permitted to participate in one interscholastic sport per season. Unless you have applied for dual sports participation.

- Students whose legal residence is outside the designated boundary of Francis Scott Key High School may not participate unless they have received an official transfer from a CCPS out of district request.
- Students may participate in sports a maximum of four consecutive seasons during a four-year period, beginning with ninth grade enrollment.
- Students shall maintain amateur status. Any student who has not or is not using his athletic skill as a player for financial gain, or who has not competed under an assumed name as a paid player, shall be considered an amateur.
- Students must meet all of the attendance, academic, and conduct eligibility requirements established by the CCPS.

5) Sportsmanship at Athletic Events

An important mission of the interscholastic athletics program is to teach and reinforce values relating to sportsmanship, competition, and fair play. It is expected that team personnel, parents, and all spectators respect this mission by exhibiting appropriate behavior at all athletic events. Everyone in attendance should model appropriate behavior. Athletic events are considered an extension of the overall educational program, so act as you would if you were visiting a classroom. You are not attending a pro or college sporting event, so do not behave as you might at those events. Spectators, who cannot follow this expectation of good sportsmanship and follow the guidelines listed below, will be removed from events, and risk being barred from future events.

CCPS Spectator Guidelines:

- Comply with the policies and procedures of CCPS when in attendance at athletic events.
- Refrain from using abusive or inappropriate language, gestures, or physical contact with officials, staff, coaches, participants, or other spectators. Respect the participants and other fans of the game.
- Refrain from giving athletes instruction during the game. Allow the coach to do his/her job.
- Encourage and compliment the participants. That is the reason you are here!
- Drugs, alcohol, and tobacco are not allowed on school property.
- Accept the decision of the officials as being final and performed to the best of their ability. Spectators should never go onto the court of play or field or approach an official or opponent.

There is an age-old adage often used by irate fans. "How much are you paying the officials?" For clarity purposes, understand that the home school only requests officials be sent, they do not get to choose them. The commissioner of the particular sport assigns all officials and neither team controls of which officials are assigned to which games.

Officials agree to and follow a code of ethics. They really do not care or have a vested interest in which team emerges as the victor. It is also important to understand that they are a very necessary part of a game. A contest cannot be played without them. So, while you may not agree with all of their calls, please do not harass and taunt them. It is also important to remember that they are in charge of the contest and have complete authority to have unruly spectators removed. In many sports, a team will see the same official several times during a season. Coaches, athletic administrators and schools work hard to establish a rapport and good working relationship with officials, which can easily be damaged by the poor behavior of spectators. The pool of qualified officials for certain sports is very small, so please respect their decisions and cheer for your child and their team; that is the real reason you attend the games.

6) Attendance at Practice & Contests

Prompt, regular attendance at practice sessions and contests is a must, and necessary for the safety and conditioning of the student as well as for the benefit of the team. Team members should notify their coach prior to any practice that they must miss. Excused absences include:

1. Illness with a doctor, school nurse, or other school approved note
2. Medical or dental appointment with a note
3. Academic tutoring & field trips- coach needs advance notification & note of verification from FSK staff
4. Family obligations –coach need advance notification
5. College visit pre-approved in advance by FSK administration
6. Religious requirement
7. Court Appearance with a note
8. Funeral with a note

Unexcused tardiness or unexcused absences to practice/contests will be dealt with as follows:

1st Offense- Conference between coach and team member where coach determines appropriate action

2nd Offense- Suspension from next practice session or contest

3rd Offense- Dismissal from team

7) Equipment and Responsibility for Proper care

Uniforms and team equipment are assigned to student-athletes strictly on a loan basis for the duration of the sport season. It is the responsibility of the student-athlete to maintain that equipment/uniform in the same condition in which it was received. Any damage or loss of equipment/uniform will be considered the direct financial responsibility of the student-athlete responsible for its care.

Any athlete withholding property from one sport is suspended from participating in any other sport until the equipment is returned. He/she is also ineligible for any sport award until that equipment is returned. Student-athletes will be charged the replacement cost of any equipment or uniform not returned. This cost must be paid before participating in any other sport.

8) Participation on Outside of School Teams

MPSSAA regulations states students, while participating on a school team, are permitted to participate in the same sport outside of school during the sport season. Such participation must meet the following criteria:

1. The outside participation may not conflict with the sports schedule of the school, including district, regional and state championship play. (Sports schedule includes games and practices.)
2. A student who elects to participate on an outside team and does not participate on the school team during the designated sport's season is ineligible to represent his/her school in all meets and games that determine a county, district, regional, or state championship.

9) Inclement Weather Procedures

CCPS states that in the event schools are closed early, or closed all together due to inclement weather conditions, all after-school activities are automatically canceled. These after-school activities include practices, contests, meetings, or other events. Team members should make certain to contact their coach regarding adjusted practice or game schedules. If inclement weather occurs on a non-school day, and the snow emergency plan is lifted in Carroll County, athletic events may go on at the discretion of the principal and AD.

Before a contest begins, school officials determine whether the contest will be played in inclement weather situations. Once a contest has begun, the game officials make decisions on halting, stopping, or continuing play.

CCPS policy states that each occurrence of thunder/lighting in the vicinity of the contest halts play for 30 minutes. In addition, we currently have a WeatherBug Station with a lightning detection system at FSK.

10) Insurance

CCPS students, who participate in athletics, must have insurance coverage either through a family plan, or through a school sponsored plan the parents may purchase. CCPS does not provide free accident or health insurance to students. Parents are responsible for making sure their children are insured for adequate and necessary coverage. Please see the school office or an administrator for details of the K & K insurance plans you may purchase.

11) Physical Education Participation

Athletes should not expect preferential treatment in physical education classes. Any student who has enrolled in physical education class will be expected to dress and participate in the daily activity. Failure to do so will result in being ineligible to participate in athletics practices or contests that day.

12) Transportation

All teams are transported to contests by CCPS approved busses. All athletes on teams are expected to ride to and from all contests on the team bus. For some special circumstances, students may be able to go to, or return from a contest with his/her parents. For this to occur, a parent note must be approved by an administrator's signature prior to, or on the morning of the event, and then the note must be given to the coach. Parents are responsible for providing transportation to and from all practices.

13) The Parent /Coach Relationship

In your role as a parent, you are concerned about your child's welfare. You want the best for him or her. But an athlete can have only one coach. Allowing the high school coach to instruct and guide the team is crucial for each student/athlete to reach their potential.

A positive communication channel between parents and a coach can very much enhance the student athlete's high school athletic experience. Appropriate topics for a parent to discuss with the coach are the treatment of your child, ways to help your child improve their skill or standing on the team, and your child's behavior. Issues not appropriate to discuss with a coach are playing time, strategy and play calling, or other members of the team.

Please never approach a coach before or after a contest. This is not the proper time or place for a discussion concerning your child. Call the following day and make an appointment for a time that is convenient for both you and the coach to meet. Playing time, other students, or play calling are not topics that will be discussed with coaches.

When meeting with a coach, please raise your concern in a calm and civil manner. Yelling, being rude or using foul language is totally unacceptable and will result in the meeting being terminated immediately. Once you have stated your question or concern, listen carefully to the explanation from the coach. Often a parent can be blinded by emotion and this may override logic and reason. Listening receptively may really help you to better understand any explanation that is given.

14) The Parent/Player Relationship

The parent/player relationship is perhaps the most critical relationship in athletics. While you may not agree with all decisions of a coach, how and when you express your feelings can have a distinct effect upon your child. If you express a negative opinion in the presence of your child, you need to remember that he or she will return to practice the next day and may carry with him or her your convictions. Your son or daughter will then have to interact with this coach. You, as the parent, can greatly affect this delicate relationship.

Receiving technical or strategic instruction at home, or during the game from a parent may interfere and conflict with the instructional process. This may impede your son's/daughter's skill development, affect his or her playing time, or even his/her ability to earn a starting position. **Being simultaneously coached by both his/her parent and coach can be very confusing and stressful for a teenager, so please refrain from doing it.**

Some parents may try to live through their child's athletic efforts. Being positive and supportive is highly encouraged but adding pressure and unrealistic expectations can be extremely harmful.

Allow your son or daughter to enjoy and grow from this valuable experience. In numerous national studies, it has been determined that most athletes participate for enjoyment or fun. Excessive pressure or expectations can alter this most fundamental reason for playing. When you do speak with your child after a contest, don't dwell on his or her play, how many points they scored or if they started. Instead, first ask how the team did? Then, how would you evaluate your effort, and did you have a good experience?

Also please keep in mind that one of the responsibilities that a coach has at the conclusion of a contest is to briefly meet with his or her players. Athletes should not pause to talk to parents or friends immediately after games. These brief meetings are essential to the learning process involved in athletics.

15) Athletic Chain of Command

At Francis Scott Key High School, the following chain of command is in effect for athletics:

Principal
Assistant Principal
Athletic Director
Head Coach
Assistant Coaches (if applicable)
Players

If there are any questions or concerns involving some aspect of our athletic program, the athlete should first contact the appropriate coach. If a resolution does not occur from the initial contact person, the athlete would then go to the head coach, then the AD, then the assistant principal, then the principal. Please follow the chain of command.

16) Responsibilities of the Athlete

Coaches expect athletes to adhere to the following guidelines:

1. The team's goals, welfare and success must come before any individual.
2. An athlete needs to consistently attend practice sessions. This also includes weekend and holiday periods.
3. Players must be receptive to coaching.
4. Team members are responsible for all issued uniforms and equipment.
5. As a member of a team, an athlete must agree to and follow the state, county, and team rules. Athletes need to remember that they are ambassadors and represent not only themselves, but also the coaching staff, school and community.
6. If injured, an athlete must report all injuries to the coach and athletic trainer.
7. Injured athletes, who visit a doctor, must present a note to the coach and trainer upon return regarding his/her limitations. Any athlete removed from participating by a doctor's note, may only be allowed to return to participate in a game of practice through the same or another doctor's note. **A parent's permission cannot return an athlete to participate if a doctor has limited participation!**

17) Responsibilities of a Coach

A coach has the responsibility for the following:

1. The selection of the squad.
2. The determination of the style of play, including the offensive and defensive philosophy.
3. The teaching and instruction at practice sessions.
4. The determination of who starts and how long an athlete plays in a contest.
5. The decision of who plays in what position.
6. The establishing of team rules.
7. The selection of team captains.
8. The establishing of the requirements to earn a letter.
9. The communication with athletes and parents with respect to when practice sessions will be held, and when the sessions will start and finish

18) Participation and Selection of Teams

It is important to understand that participation on an athletic team at FSK is a privilege and not a right. Being on and maintaining one's membership on a team means accepting all the responsibilities of an athlete. However, unlike recreation or intramural teams, equal or guaranteed playing time does not exist. Playing time will be determined with the team's needs first and foremost. In an effort to be successful, a coach will use players best suited to the conditions or demands of the contest at that time. **Playing time will not be a topic of discussion between a parent and a coach at Francis Scott Key.** However, players are encouraged to work closely with the coach on matters of playing time and/or improving their position on the team.

Every coach has the responsibility and authority for selecting his or her team. The criteria for selecting the team are developed by the coach. It is also important to remember that there are no guarantees. Players from the previous year's JV team, for example, do not automatically make either the JV or varsity squad the following year. Having been a member of a team during the previous year or even being a senior does not ensure that an athlete will make the squad.

Parents should expect that every candidate trying out for a team will be treated fairly and given every consideration to make the team. Coaches are sensitive to feelings of disappointment, will handle the task of making cuts as positively as possible, and will verbally discuss with each student why they did or didn't make the team. While we understand that being cut is disappointing for many athletes and even for their parents, in certain sports, we unfortunately cannot keep everyone. Anyone cut from a team is welcome to tryout again next season or to try another sport. When parents and athletes understand and support the coach's decision, this difficult process becomes a less painful experience for all.

19) Purpose of Junior Varsity (JV) Teams

Junior Varsity (JV) teams exist to provide those athletes who are unable to participate on the varsity squad an opportunity to develop skills and gain experience in their particular sport. While the athlete's age, size, or ability may be the limiting factor in not making the varsity team, participation on a JV team may enhance the athlete's potential to make the varsity squad in the future. JV teams may be comprised of students in grades 9-11

A caution, however, must also be given. Being a member of a JV team does not guarantee that an athlete will automatically move up the following year to the varsity squad. The athletes best suited for varsity competition will make the varsity squad each year.

Striving for success is important in athletics. However, compiling a great record or winning a championship is not the primary objective of a JV team. In fact, there are no JV county championships for team sports. The overall skill development of athletes and gaining valuable game experience should be the ultimate purpose of a JV squad, while secondary goals are acknowledging the value of winning, learning, and enjoying being a member of a team.

20) Practice Sessions

Practice sessions are normally closed to spectators and there is a very sound reason for this. These sessions are the equivalent of a teacher's classroom and there is real, quality instruction taking place. Interruptions and interference to an athlete's concentration and focus in practice cannot be allowed any more than a disruption would be tolerated in an academic setting. Education in any setting cannot and should not be compromised.

At Francis Scott Key High School, practice sessions:

1. Usually last around two to two and a half hours but may go longer or shorter during certain situations.
2. May start and end at different times due to the schedule of the coach or the facilities. (Check with the coach for the specific times.)
3. Will have consistent start and finish times, and days of the week when at all possible.
4. Will not be held when school is dismissed early due to inclement weather.
5. Will not be held when school is not in session due to inclement weather.
6. May be held on Saturdays and over holiday periods, but never on Sundays.

21) Athletic Awards System

The following is the Francis Scott Key HS athletic awards system. Players will be eligible to earn athletic awards by completing a full sport season, including the post-season in good standing (medical excuses may be allowed in some cases):

- 1st Athletic Experience- Graduation Year Numerals
- 1st Varsity Letter in any Sport- actual Varsity Letter & that Sport-specific Pin
- 1st Varsity Letter in another Sport (after having already earned actual Letter in 1st Varsity Sport overall)- Sport-specific Pin
- 2nd Varsity Season in a Sport- Short Gold Bar
- 3rd Varsity Season in a Sport- Long Gold Bar
- 4th Varsity Season in a Sport- Gold Star
- All non-varsity student-athletes also receive a certificate of participation
- All Varsity student-athletes receive a varsity certificate

*Any varsity team winning a county, league, regional/district, or state championship, will receive individual trophies, plaque, medal or clothing article if those are not provided by the county, region, or state

Varsity athletes may also be selected for additional awards by their coach or team such as:

Most Valuable Athlete- plaque given for each varsity team as selected by the head coach and/or team

Unsung Hero – Plaque given for each varsity team as selected by head coach and/or team

*All FSK athletic awards are to be handed out at an end of the season event, gathering, banquet, pizza party, picnic, pot luck event etc.

Outstanding Senior Male & Female Athlete – plaque presented to a senior male and female athlete selected by the FSK coaching staff and varsity athletes.

22) Team Captains and Managers

There are several positive reasons for utilizing captains of a team. These athletes may serve as positive role models, links between the team and the coach, and refine their leadership skills. A good captain can be a real asset to the team and coaching staff.

While some coaches may allow their team to select captains, the ultimate responsibility lies with the coach. It is also important to understand that serving in the capacity of a captain is not reserved solely for seniors on a team, but rather this position is for the athlete who is best suited to filling the responsibilities.

*Managers perform duties assigned by the coach and can receive CCPS student service learning hours.

23) Hazing

Hazing is strictly prohibited at all times by CCPS. Hazing involves any act that subjects teammates to mental or physical discomfort, embarrassment, harassment, or ridicule. In some instances, hazing constitutes a criminal act. At a minimum, hazing may lead to immediate dismissal from a team. Serious hazing incidents may also lead to disbandment of an entire team or program.

24) Risks of Athletic Participation

Participation in interscholastic athletic activities often includes intense competition and poses the potential for serious, catastrophic, or life-threatening injury. Participants and parents are urged to consider that there are inherent risks and hazards associated with athletic participation. Risks vary from sport-to-sport and can even occur under direct supervision and with use of proper safety equipment.

25) Athletic Booster Club

At FSK High School, we choose to utilize one school-wide athletic booster club instead of individual team booster clubs. The foundation of this philosophy lies within the fact that all of our athletic programs are of equal importance, so our athletic booster club exists to provide support to all of our teams. Our Booster Club has three primary goals: To raise funds to assist the athletic programs, to increase school spirit, and to promote the overall athletic program. They usually meet the 3rd Monday of each month in the cafeteria @ 6pm.

The Athletic Booster Club is not a vehicle to remove coaches, advance vested interests, or to alter athletic department policy. It is a service and support organization, which works in harmony with Francis Scott Key High School and its athletic program.

26) Web Pages/Athletic Schedule

Get an up to date Francis Scott Key High School athletic schedule at www.carrollcountymval.org
This site also offers a MapQuest link to away games and email alert on game cancellations.
The general FSK H.S. website is <https://www.carrollk12.org/schools/high/fsk/>

27) Dismissal from or Quitting the Team

Once a student begins participating in a sport and his/her squad membership is terminated for rule violations or because the student-athlete has quit the team, he/she is ineligible to participate in any other sport during that season. Athletes also forfeit the right to any awards they may have received as a team member.

28) Francis Scott Key HS Athletic Contract

*****Please review this handbook and contract carefully, complete information as requested, affix signatures, and return the completed contract/permission form to the coach before the first contest.**

Stipulations

The student-athlete and his or her parent/guardian have received and read the Student-Parent Athletic Participation Information. Based on this information, the student and parent/guardian understand and stipulate to the following:

1. We understand the state and county eligibility regulations required for participation.
2. We affirm that the student has satisfied all of the eligibility requirements, including age, residence, attendance, conduct, and academic.
3. We understand that participation of ineligible players will result in individual and team sanctions, including forfeits for the team.
4. We understand there is potential for serious, catastrophic, or life-threatening injury associated with participation in a sport.
5. We understand that continued unexcused lateness and/or absence will impact playing time and possible dismissal from the team
6. We affirm that the student will not participate in hazing at any time, of any nature.
7. We, as a participant or spectator, will follow the CCPS spectator code of conduct.
8. We will follow appropriate procedures in communicating concerns to coaches.
9. We affirm that the student will abide by all state, county, and team rules and regulations.
10. We stipulate that the student is covered by adequate family or school insurance.

Permission to Participate

We hereby authorize and consent to our child’s participation in interscholastic athletics and sports. We understand that the sport in which our child will be participating is potentially dangerous, and that physical injuries may occur to our child requiring emergency medical care and treatment. We assume the risk of injury to our child that may occur in an athletic activity and are responsible for any medical bills and costs arising from participation.

In consideration of the acceptance of our child by the Carroll County Public Schools in its athletic program, and the benefits derived by our child from participation, we agree to release and hold harmless the Board of Education of Carroll County, its members, the Superintendent of Schools, the principal, the athletic director, all coaches, and any and all other of their agents, servants, and/or employees and agree to indemnify each of them from any claims, costs, suits, actions, judgment, and expenses arising from our child’s participation in interscholastic athletics.

We hereby give our consent and authorize the Board of Education of Carroll County and its agents, servants, and/or employees to consent on our behalf and on behalf of our child, to emergency medical care and treatment in the event we are unable to be notified by reasonable attempts of the need for such emergency medical care and treatment.

We have carefully reviewed the Student-Parent Athletic Handbook and the Student/Parent Athletic Participation Contract and Parent Permission Form. We understand and accept the conditions for participation in the FSK athletic program, and we understand there are inherent risks associated with participation.

*We understand and conform to all the statements in the Stipulations portion of the Contract.

*We/I have responded truthfully and accurately to the questions in the Contract.

Signature of Parent or Legal Guardian

Date

Signature of Student

Date

Printed Student Name: _____ Sport/Team: _____