



## **2020 Football**

**“It’s not the will to win that matters- everyone has that. It’s the will to prepare to win that matters” – Paul “Bear” Bryant**

### **1. First day of Fall Practice**

When: Wednesday, August 12<sup>th</sup>

Time: Arrive 3pm – 6pm

Where: Century High School ( meet in weight room, athletic wing of school building)

Tentative practice schedule: Monday thru Friday 3pm -6pm, Saturday’s 8am – 11am until school starts.

### **2. Physicals and FamilyID information: A must do before August 12**

\* Physical – good for 13 months, must be current from within the year.

\* FamilyID Registration – This is an online registration for all fall Athletes. You can print out the physical form from this site and upload it to your registration. It should be active to register on 6/15/20. Click in link below to access. Century - <http://www.familyid.com/century-high-school-4744558e-cabe-4f0a-a7fb-a3d229003dc2>

**3. Summer Workouts**: TBA. Until then email Coach Edmondson for the stay at home workouts that are being sent out to all returning players. Contact info at bottom of page.

**4. Impact Concussion Testing**: Is optional, it is not required to participate in high school sports. Please check with the school for dates that it will be offered if interested.

**5. Picture Day**: Tuesday August 25 @ 3:00, Picture forms will be distributed.

**6. Meet the Coach Night**: Tuesday August 25 @ 7:00, at least one parent should try to attend.

**7. Athletic Fees**: \$105/child, \$150 total/season/family, \$50 for Corollary Sports.

**8. Athletic Boosters: Please** support our booster group and visit the website at [www.centuryathleticboosters.org](http://www.centuryathleticboosters.org)

### **9. Coach Contact Information**

Coach Todd Edmondson: [tcedmon@carrollk12.org](mailto:tcedmon@carrollk12.org)

Athletic Director Randy Pentz: [rspentz@carrollk12.org](mailto:rspentz@carrollk12.org)

