Cranberry Station Elementary

Welcome 2021!

We’ve been waiting for you!

The Judy Center at CSE would like to invite you to attend our combined virtual baby shower with Taneytown expectant and new parents! We will deliver lunch to you before the event, along with some baby goodies! We have lots of information and resources to share. Please contact Becky Jarboe at becky.jarboe@carrollk12.org or 410.751.3026 if you live in our school district and are expecting a baby or have a new baby at home!

Look for us on Facebook!
Cranberry Station Judy Center Early Learning Hub CCPS

Taneytown Elementary

Happy New Year!

The TES Judy Center has a new staff member! We welcome Ms. Amanda Dusman to our team! She is now the assistant who will be supporting staff and families.

Are you expecting? Have you had a baby in the last 6 months? If so, you are invited to our virtual baby shower on Fri., January 22nd from 12:00-1:30. We will deliver lunch to your porch, then we will meet online for games and information from guest speakers. There will also be a gift bag for each family. This is open to any family living in the Taneytown Elem. School district. Contact Diana Latane’ at (410) 756-0017 or dllatan@carrollk12.org by Jan. 16th if you are interested.

Look for us on Facebook!
Taneytown Elementary Judy Center Early Learning Hub CCPS
Cute Counting Snowman

This cute activity teaches to a number of skills—number recognition, counting, and one-to-one correspondence.

Materials:
- card stock snowman shape (trace 3 bowls or something similar)
- several card stock hat shapes (cut from colored paper, or have your child color them)
- markers, glue, and scissors to make your snowman and hats
- buttons
- a serving tray or cookie sheet to keep it all contained

To Play:

To prepare the game, work together to make a snowman and hats (have your child trace, cut, and glue if they’re able!). Have your little one give the snowman a face while you write numbers on each of the hats. Focus on numbers to suit the abilities of your child, and make new hats when they’ve mastered the numbers you’ve worked on! Set the your snowman and his hats and buttons on a tray (to keep pieces contained).

Time to dress the snowman! Have your child pick a hat, place it on the snowman’s head, and tell you the number it says. Then have them add buttons to his tummy, counting as they go, to match the hat. Pick another hat and play again! https://www.cbc.ca/parents/play/view/math_game_for_kids_cute_counting_snowman

Adult Education

is ONLINE!

Carroll Community College
GED® Preparation Classes and ESOL Classes are being conducted online.

For more information and to register, call 410-386-8630 or email ged@carrollcc.edu

What’s Happening at the Library?

Go to Currents or the Calendar of Events site for dates and times of specific children’s programs. Some programs may require registration in order to receive meeting links. Most events are currently online (but may require materials pickup), and there are many to choose from! Here are just a few:

Preschool Practice Pack — January 2 (Take Home Kits)
Cool Crafts for a Cold Day — Tuesdays in January, 9-10am
Corky’s Mittens — January 12, 11-11:15am
Snowy Day Fun — January 23, 1-1:15pm
Little Ones: It’s Never Too Early to Get Ready for Kindergarten — January 27, 10-11am

There are also lots of Play and Learn at Home sessions with your favorite librarians!

The Judy Center Early Learning Hub Partners and Cooperating Agencies:

The Board of Education of Carroll County does not engage in discrimination that is unlawful or contrary to Maryland State Department of Education guidance on the basis of age, color, genetic information, marital status, mental or physical disability, ancestry or national origin, race, religion, sex, sexual orientation, gender identity, or gender expression. The Board of Education of Carroll County is firmly committed to creating equal employment and educational opportunities for all persons by providing an environment that supports optimal academic achievement and productive work and is free from any form of unlawful discrimination, including access to school facilities, educational programs, and extracurricular activities. The following person has been designated to handle inquiries regarding the non-discrimination policies: Director of Human Resources, 125 North Court Street, Westminster, Maryland 21157, (410) 751-3070.
Check out many of the services offered by the Judy Center by visiting our CCPS website!

Below are just a few of our helpful links!

### Food Resources

- **Carroll County Meal Services**
- **Food Resource Guide of Carroll County**
- University of Maryland Extention: *Eat Smart, Be Fit Maryland!*: [https://www.eatsmart.umd.edu/home](https://www.eatsmart.umd.edu/home)
- **School Food Banks**: the following schools host a food pantry to families with students attending these Judy Center Schools. Call the schools for more information.
  - Elmer Wolfe Elementary 410-751-3307
  - Robert Moton Elementary 410-751-3613
  - Taneytown Elementary 410-751-3282

### Community Directory

Carroll County Public Library offers a searchable community directory that can be found here:

[https://community.carr.org/default.asp](https://community.carr.org/default.asp)

### Health and Dental Health Options

- Carroll County Health Department: [Department of Health](http://)
- American Academy of Pediatrics: [Healthy Children](https://www.healthychildren.org/English/Pages/default.aspx)
- Bright Futures: [https://brightfutures.aap.org/families/Pages/default.aspx](https://brightfutures.aap.org/families/Pages/default.aspx)
- Maternal and Child Health Integrated Program (MCHIP): [https://mmcp.health.maryland.gov/chp/Pages/Home.aspx](https://mmcp.health.maryland.gov/chp/Pages/Home.aspx)

### Early Learning Resources

- Talking is Teaching empowers parents and caregivers with fun and easy ways to improve their babies' learning: [http://www.talkingisteaching.org/](http://www.talkingisteaching.org/)
- Zero to Three: [www.zerotothree.org](http://www.zerotothree.org)
- Maryland Families Engage: [https://marylandfamiliesengage.org](https://marylandfamiliesengage.org)
- Little People, Big Feelings Video: [https://marylandfamiliesengage.org/little-people-big-feelings-video/](https://marylandfamiliesengage.org/little-people-big-feelings-video/)
- Social Emotional Foundations for Early Learning: [theinstitute.umd.edu/sefel/index.cfm](http://theinstitute.umd.edu/sefel/index.cfm)
- Ready At Five: [www.readyatfive.org](http://www.readyatfive.org)
- Vroom-Vroom helps parents boost their child's learning during the time they already spend together: [https://www.vroom.org/](https://www.vroom.org/)
Establishing Routines with Young Children
Part 1

For most of us, our lives involve a series of routines – things we do every day. Routines are like instructions; they guide our actions. Most of us thrive in a well-ordered and predictable environment. This is also true for young children.

Routines play an important role in a child’s development:

♦ Build self-help, independence, and other life skills. With routines, children can move from the toddler stage where things were done for them, to a new independent stage where they are more self-sufficient.

♦ Teach important social and communication skills. Playtime and mealtime are two routines that are very social times. Through talking, taking turns, sharing toys, learning to wait, following directions and helping others, young children learn important social skills that will help them in school.

♦ Routines build trust. Consistent routines – activities that happen about the same time and in about the same way each day – provide order, comfort, and a sense of safety and security to children.

♦ Keep children on task and better able to cope with transitions. Knowing what’s next in their daily schedule can help make transitions easier.

♦ If there’s a set schedule, there are fewer power struggles. Kids know what to expect and the routine “speaks” for itself.

Routine Guidelines:

• Consistent. No matter who is caring for your child, the routine should be the same.

• Age appropriate. Build opportunities into routines for children to make their own choices.

• Simple steps. Break down the routines into simple steps to promote the child’s success.

• Practice. Children learn by doing and watching you model or demonstrate what to do.

• Guide. Provide encouragement and gentle reminders.

• Don’t overdo it! Too many routines or a day that is highly structured and over-scheduled eliminates the unexpected fun. Children also need to learn flexibility!

In next month’s newsletter, we’ll discuss reading and child-centered play, making special time a routine, and how to help your child cope with transitions. In the meantime, try creating a routine with your child to help you both get through a part of your day more smoothly!

~ From Robin Hoff, Judy Center Community Teacher, and your Judy Center Team

Partner Spotlight

ABC

Parenting is a hard job; ABC is here for you! ABC will help you notice and act on your child’s signals. ABC helps you provide nurturing care and be a part of positive parent-child interaction. ABC helps your bond with your child while helping your child handle their actions and feelings.

As a result, your bond with your child can help protect them from stress. Children who do ABC with their parents learn that they can count on their parents, learn that they matter, build skills they need for school, and show more confidence and self-esteem.

The ABC program is virtual. You will meet with a parent coach once a week for 10 weeks. During these sessions you play with your child while talking about parenting with the ABC parent coach. Each session is recorded. At the end of the program, you and your child will receive a special video of the moments you shared together.

If you’re wondering how ABC might work for you and your child, check out this video: https://www.youtube.com/watch?v=9OJkR3IFec&t=8s

Reach out to Erin Leech (eyleech@carrollk12.org) or Angela Brewer (abbrewe@carrollk12.org) for more information.