

Dance Team Tryouts:

Everyone:

Turns (15 pts) – Pirouette Left 5pts (to get the full 5 you must do a double)

Pirouette Right 5pts (to get the full 5 you must do a double)

Other of choice 5pts

Leaps (15 pts) –Jete (side of choice) 5pts

Turning leap (calypso or C-jump) 5pts

Other of choice 5pts

Jumps (15 pts) – Straddle (lyrical/jazz)/Toe Touch (hip-hop/pom) 5pts

Axle or lasso 5pts (to get the full 5 you must do it turning)

C-jump or Keyhole jump 5pts

Flexibility (10 pts) – Heel stretch/Side stretch 5pts

Center split 5pts

Performance (15 pts) – Facials 5pts

Energy 5pts

Coordination/Body Control 5pts

Pom Team: (20 pts)

Motions – 15pts

Kick Combo – 5pts

Lyrical Team: (20 pts)

Musicality/Fluidity – 10 pts

Floorwork – 10 pts

Jazz Team: (20 pts)

Isolations – 10 pts

Kicks – 5 pts

Use of prop – 5 pts

Hip-Hop Team: (20 pts)

Freezes – 10 pts (must do two)

Partner work – 5 pts

Swagger – 5 pts

Extra Credit!!

Tumbling – front/back walkovers; handsprings; tucks

Turns – fuetes; triple+

Leaps – switch leaps; surprise leaps; advanced turning leaps

Jumps – combos; stationary turn into a jump