



# Building Character in Carroll County

April 2009

During the month of April, Carroll County Public Schools' students will be focusing on the character trait of **SELF-CONFIDENCE**. Self-confidence is an attitude which allows individuals to have positive, yet realistic, views of themselves and their situations. Self-confident people trust their own abilities, have a general sense of control in their lives and believe that within reason, they will be able to do what they wish, plan, and expect. Oprah Winfrey said, "The greatest discovery of all time is that a person can change his future by merely changing his attitude."

So the challenge this month is to take note of your strengths and gain confidence from your accomplishments, no matter how small they may be. You are unique - there is no one else just like you. Celebrate that! Use the realization that you truly do have something to offer to benefit others. Courageously try something new; be bold, be confident, and encourage others to do the same!

## Self-Confidence

Confidence is one of the cornerstones of success. Without it, you're afraid to try new things or put yourself "out there" to expand your abilities and skills. You are not born with self-confidence. It is a character trait that must be learned and practiced! The following are suggestions to help parents raise confident young adults.

- ☺ Start showing them love from the very beginning.
- ☺ Be sincere with your praise.
- ☺ Teach children to be self-sufficient.
- ☺ Allow your child to fail.
- ☺ Encourage your child to do new things.
- ☺ Place the focus on relationships instead of appearance.
- ☺ Express confidence yourself.

From: <http://www.savvydaddy.com>



Students at the Carroll County Career and Technology Center have been very busy this year working with CCPS' School Facilities and the City of Westminster to design and build ramps and grinding rails for the Westminster Skate Park.

Seniors taking carpentry and machine technology did the bulk of the work on this project with assistance from students in the welding, drafting, and fashions programs. The park is slated to open in May, however, the Grand Opening ceremony, *Go Skateboarding Day*, is scheduled for June 20. Stay tuned!



### WHO SAYS!

**"If I have the belief that I can do it, I shall surely acquire the capacity to do it even if I may not have it at the beginning."**

~ Mahatma Gandhi

**"If you can dream it, you can do it. Always remember that this whole thing was started with a dream and a mouse."**

~ Walt Disney



**"Think big, believe big, act big, and the results will be big."**

~ Anonymous

**Our doubts are traitors, and make us lose the good we oft might win, by fearing to attempt.**

~ William Shakespeare



Several students at the Gateway School recently attended a Multi-Cultural Leadership Training with students from all over the county. Many students are also training to serve as mentors to elementary students. Gateway students continue to maintain the Labyrinth by keeping the pathways clean, and doing the weeding and landscaping work. The Labyrinth is an outdoor garden/gazebo area created, built, and maintained by the students.

A special **THANKS** to all of our administrative professionals throughout the county who contribute greatly to the education of our students.

