

<b>Guidelines</b>	<b>BLOOD GLUCOSE TESTING IN THE CLASSROOM</b>
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## I. PURPOSE

To assist the School Nurse in determining when it is appropriate for the student to test blood glucose in the classroom. Whenever possible, blood glucose testing will take place in the Health Room.

## II. RATIONALE

All students require a setting that is conducive to learning. If a child must leave the classroom to test blood glucose several times a day, he may be deprived of valuable instruction time.

## III. GENERAL GUIDELINES

1. Appropriate Diabetic Procedure Sheets & Diabetic Orders to be completed by the parent and health care provider.
2. A written statement must be provided from the student's health care provider indicating that the student is competent in recognizing and responding to the signs and symptoms of hypoglycemia and hyperglycemia. The provider must indicate that the student is willing and can successfully demonstrate that they can be responsible for both the blood glucose testing procedure and the health and safety of others around them during the procedure.
3. The student must use a device to perform the blood glucose stick which automatically retracts the "sharp."
4. The School Nurse will meet with the student to review safe procedures, including clean up of blood spills, care of sharps, safe storage of medical equipment, and instructions regarding incident of Hypoglycemia and Hyperglycemia.
5. The student will immediately report any incident of blood sugars at or above\_\_\_\_\_. Student will be immediately accompanied to the Health suite with a blood glucose reading at or below\_\_\_\_\_ (If available, student shall eat or drink a fast acting source of glucose before leaving the classroom). Teacher will notify office of student's imminent arrival.
6. The School Nurse will observe the student's ability to appropriately test blood glucose in the health room and in the classroom, to verify proficiency in performing the procedure while maintaining the health and safety of other students.
7. Students who are approved to test in the classroom should keep appropriate snacks at their desk or other immediately accessible location (i.e., backpack) to treat episodes of low blood sugar.

8. Carroll County Public Schools' Guidelines, Bloodborne Pathogens Exposure Control Plan will be followed for all blood spills.
9. The School Nurse may provide a diabetes awareness presentation to the class with parent and student permission.
10. Evaluation of the student's plans for managing blood glucose testing in the classroom, and concerns pertaining to the treatment of diabetes, or its impact on education, will be reviewed periodically with parents and staff as needed, as well as at the beginning of each school year, so that new staff can be informed and new schedules reviewed.
11. If there is an educational impact, a 504 plan may need to be written for non-special education students with input from the parent and school team.
12. The nurse will contact the parent and/or healthcare provider of students who are unable to follow the protocol for testing in the classroom. After consultation with the parent and healthcare provider a decision will be made to determine if the student will be required to monitor blood glucose reading in the health room.