



# South Carroll Athletic Department Newsletter

Cavalier Athletic Newsletter

October, 2009

## Off the Bench

### Reminders for the Fall Season:

- 1) There is no second admission to Carroll County Athletic events. Once you leave the stadium you will not be readmitted.
- 2) Because of the location of our stadium, it is always colder there than what the forecast calls for. Please remember to bring extra clothing.
- 3) Please pick your children up in the lower parking lot, not between the buildings.

### Reminders for the upcoming Winter Season:

- 1) Practice for winter sports begins on Saturday, November 14<sup>th</sup>. Location and starting times will be distributed by the coaches in the near future. Remind your children to listen for announcements about winter sports team meetings.
- 2) Students need an up to date physical (these are good for 1 year from the date of the physical), emergency form and signed rules in order to try out for a team.
- 3) When the snow emergency plan is in effect all school related activities are postponed.



### South Carroll Buffalo Wild Wings Night

Please mark Wednesday, October 14<sup>th</sup> on your calendars. This will be the South Carroll night at Buffalo Wild Wings. This year each school will have one night for themselves, thus cutting down on the congestion. Last year South Carroll generated the largest amount of money, but we fell short in the finals. Let's put the feed bags on this year and become the Champions!

### Fall 2009 Sports Head Coaches

Cheerleading – Allie Waters	Cross Country – Rob Pennington
Field Hockey – Ashley Bacon	Football – Steve Luetette
Golf – Matt Joseph	Boys Soccer – Tim Novotny
Girls Soccer – Jerry Janowich	Volleyball – Marcia Kunkel

### Winter 2009-10 Sports Head Coaches

Cheerleading – Allie Waters	Boys Basketball – Doug Goff
Girls Basketball – Liz Padgett	Indoor Track – Rob Pennington
Wrestling – Bryan Hamper	

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**Boys Basketball**

12/4	Frederick	A	5:30
12/8	Walkersville	H	5:30
12/10	Tuscarora	A	5:30
12/15	*Westminster	A	4:00
12/18	*Manchester Valley	H	4:00
12/21	*Francis Scott Key	A	4:00
1/6	*North Carroll	A	4:00
1/8	*Century	H	4:00
1/12	*Winters Mill	A	4:00
1/15	*Liberty	A	4:00
1/20	Linganore	H	5:30
1/22	*Westminster	H	4:00
1/26	*Manchester Valley	A	4:00
1/29	*Francis Scott Key	H	4:00
2/2	*North Carroll	H	4:00
2/5	*Century	A	4:00
2/9	*Winters Mill	H	4:00
2/11	*Liberty	H	4:00
2/17	Catoctin	A	5:30
2/19	Thomas Johnson	A	5:30

**Girls Basketball**

12/4	Frederick	H	5:30
12/8	Walkersville	A	5:30
12/15	*Westminster	H	4:00
12/18	*Manchester Valley	A	4:00
12/21	*Francis Scott Key	H	4:00
12/22	Marriotts Ridge	H	5:30
1/4	*North Carroll	H	4:00
1/7	*Century	A	4:00
1/12	*Winters Mill	H	4:00
1/14	*Liberty	H	4:00
1/19	Linganore	A	5:30
1/22	*Westminster	A	4:00
1/26	*Manchester Valley	H	4:00
1/29	*Francis Scott Key	A	4:00
2/2	*North Carroll	A	4:00
2/4	*Century	H	4:00
2/9	*Winters Mill	A	4:00
2/12	*Liberty	A	4:00
2/17	Catoctin	H	5:30
2/19	Thomas Johnson	H	5:30

**Cheerleading**

1/23	County Competition @ Westminster	A	10:00
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**Indoor Track**

12/11	Smithsburg Invite	A	4:00
12/18	North Hagerstown Invite	A	4:00
1/23	County Meet	A	4:00
2/6	Regional Meet	A	4:00
2/15	State Meet @ PG Sports Complex		10:00

This schedule is not definite. All meets are currently scheduled for Hagerstown Community College. However, due to renovations, this could change.

**Wrestling**

12/9	Middletown	H	6:00
12/14	South Hagerstown	A	6:00
12/17	Marriotts Ridge	H	6:00
12/21	Walkersville/Urbanas#	A	4:00
12/29	FSK Tournament	A	10:00
1/5	*Westminster	H	6:00
1/8,9	Palotti Duals	A	4:00/10:00
1/12	*Century/Liberty#	A	4:00
1/14	*Manchester Valley	A	6:00
1/19	*Francis Scott Key	H	6:00
1/21	*North Carroll	A	6:00
1/25	Brunswick	A	5:00
1/28	*Winters Mill	H	6:00
2/3	Frederick	A	6:00
2/20	County Meet @ Westminster		10:00
2/26/27	Regional Meet @ Winters Mill		4:00/10:00

# - denotes site

\* - MVAL and County Contest

## ***South Carroll Athletic Boosters***

### **2009—10 Meetings**

(7:00 in SCHS Cafeteria)

Tuesday, 8/11

Tuesday, 9/15

Monday, 10/12

Tuesday, 11/10

Monday, 12/7

Monday, 1/11

Monday, 2/8

Tuesday, 3/9

Tuesday, 4/6

Tuesday, 5/11

Tuesday, 6/8

## **2009 - 2010 Officers**

**President:** Missy Walker

**Vice-President:** Herb Findeisen

**Treasurer:** Ed Duafala

**Secretary:** Toni Nardo

**Members at Large:** Donna Ashcraft, Buddy Brown, Patty Cullop,  
Tina Fredericks and Crystal Johnson

### **The Student-Athlete and College Recruiting**

<http://www.thecoachescircle.com/school/218>

The username to this college recruiting system is ccps & the password is athletes.

Take advantage of this free trial offer thanks to CCPS.

### **How Can I Help?**

**We often hear that question. Well, here is your chance.**

**We need dedicated individuals willing to work for the betterment of our athletes and our facilities.**

**Please join our athletic boosters and become active in this organization. We need your help to raise funds to help our student athletes.**

### **Texas Hold'em Tournament**

**Be on the lookout for information about our upcoming Texas Hold'em Tournament to support our athletes. The date is Saturday, October 24<sup>th</sup>.**

**For more information contact Jeff or Crystal Johnson at "The Game Room", located across route 26 from the school.**

**Wednesday October 14, 2009**

Everyone is invited to gather at

Buffalo Wild Wings® 404 Englar Road in

Westminster from 11am-10pm and eat, eat, eat!

During this time, 15% of all food purchases

accompanied by the certificate below will

be donated to : **SOUTH CARROLL**

**HIGH SCHOOL ATHLETIC DEPT.**

**SOUTH CARROLL HIGH SCHOOL**  
**WEDNESDAY, October 14, 2009**

Present this certificate to your cashier at the time of your purchase and 15% of all food purchases\* will go to support **South Carroll High School Athletic Dept.**

Only valid at 404 Englar Rd., Westminster (410) 386-3550.

·Alcohol purchases not included.