

1/2 pint of Milk and Fruit
with each meal

Manchester Valley High School Lunch Menu

SEPT., 2011

Monday	Tuesday	Wednesday	Thursday	Friday
<p>WELCOME BACK! By your request -- MORE daily entrée choices (not all shown on menu) ENJOY! ** denotes Super Lunch **</p>	<p>August 30 Hamburger or Cheeseburger on Roll OR Pizzatas French Fries Hot Vegetable / Soup Watermelon ** Seasoned Fries **</p>	<p>August 31 Chicken Nuggets w/ Roll OR Ham & Cheese Wrap Baked Beans / Soup Fresh Veggies w/ Dip Cantaloupe ** Potato Rounds **</p>	<p>1 Soft or Hard Shell Tacos w/ Cheese OR Spicy Chicken Patty on Roll Shredded Lettuce Corn / Soup Peaches ** French Fries **</p>	<p>2 Cheese or Pepperoni Pizza OR Corn Dog Tossed Salad Vegetable Cup / Soup Fruit ** Seasoned Fries **</p>
<p>SCHOOLS CLOSED LABOR DAY CELEBRATION</p>	<p>6 Chicken Patty on Roll OR Rib-B-Que on Roll Hot Vegetable Soup Peaches ** Hash Browns **</p>	<p>7 Cheesesticks w/ Sauce OR Macaroni & Cheese w/ Roll Hot Vegetable Soup Fruit ** Seasoned Fries **</p>	<p>8 Breadsticks w/ Meat Sauce OR Chicken Mashed Potato Bowl Broccoli Tossed Salad / Soup Fruit ** Potato Rounds **</p>	<p>9 Cheese or Pepperoni Pizza OR Chicken Nuggets w/ Roll Hot Vegetable / Soup Fresh Veggies w/ Dip Fresh Fruit ** French Fries **</p>
<p>12 Chicken Tenders w/ Roll OR Sliced Turkey Sub Hot Vegetable Soup Fruit ** Seasoned Fries **</p>	<p>13 Grilled Cheese Sandwich OR Ranchero Pizza Fresh Veggies w/ Dip Soup Fresh Fruit ** Potato Rounds **</p>	<p>14 Pizza Casserole OR Chicken Patty on Roll Tossed Salad Hot Vegetable / Soup Fresh Fruit ** French Fries **</p>	<p>15 Pizzatas OR Cheesesticks w/ Sauce Hot Vegetable Soup Fruit ** Seasoned French Fries **</p>	<p>16 Cheese or Pepperoni Pizza OR Fish Sandwich Corn / Soup Fresh Veggies w/ Dip Fresh Fruit ** French Fries **</p>
<p>19 Popcorn Chicken w/ Roll OR Hot Dog on Roll Vegetable Rice Casserole Macaroni Salad Soup Watermelon ** Seasoned French Fries **</p>	<p>20 Cheeseburger or Hamburger on Roll OR Sliced Turkey Sub Hot Vegetable Soup Fruit ** French Fries **</p>	<p>21 Cheesesticks w/ Sauce OR Pizzatas OR Rib-B-Q on Roll Potato Rounds Soup Hot Vegetable ** MORE Potato Rounds **</p>	<p>22 Chicken Patty on Roll OR Ranchero Pizza Hot Vegetable Soup Fruit ** Seasoned French Fries **</p>	<p>23 Stuffed Crust Pizza OR Meatball Sub Hot Vegetable Soup Fresh Fruit ** Potato Rounds **</p>
<p>26 Cheesesticks w/ Sauce OR Pizzata Tossed Salad Hot Vegetable / Soup Fresh Fruit ** Seasoned French Fries **</p>	<p>27 Chicken Nuggets w/ Roll OR Sliced Turkey Sub French Fries Hot Vegetable / Soup Watermelon ** MORE French Fries **</p>	<p>28 Hard or Soft Shell Tacos w/ Cheese OR Ham & Cheese Sub Shredded Lettuce Potato Rounds Corn / Soup ** MORE Potato Rounds **</p>	<p>SCHOOLS CLOSED</p>	<p>30 Cheese or Pepperoni Pizza OR Hamburger on Roll Tossed salad Corn / Soup Fresh Fruit ** French Fries **</p>