

½ Pint of Milk Served with Each Menu





Salad or Cheese Sandwich Available Each Day

LUNCH MENU October 2011

Lunch \$ 2.00

Milk \$.50

Ice Cream \$.75

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>Chicken Nuggets w/ Choice of Sauces French Fries Roll Fruit <i>Early Dismissal</i></p>	<p>4</p> <p>Pizzatas OR Tuna on Roll Hot Vegetables Vegetable Cup Fruit</p>	<p>5</p> <p>Grilled Cheese Sandwich Pizza Soup Fresh Veggie w/ Dip Fruit</p>	<p>6</p> <p>Hot Dog OR Tuna on Roll Zesty Bean Salad Fruit Salad Fruit</p>	<p>7</p> <p>Stuffed Crust Cheese or Pepperoni Pizza Tossed Salad Carrot Sticks w/ Dip Fruit</p>
<p>10</p> <p>Chicken Patty on Roll Vegetable Soup Coleslaw Fruit</p>	<p>11</p> <p>Baked Potato w/ Choice of Toppings OR Tuna Sandwich Broccoli Roll Fruit</p>	<p>12</p> <p>Hard or Soft Shell Taco w/ Cheese Shredded Lettuce Buttered Rice Corn Fruit</p>	<p>13</p> <p>Pizza Casserole OR Tuna on Roll Tossed Salad Roll Fruit</p>	<p>14</p> <p>Cheese Pizza OR Hot Dog Tossed Salad Carrot Sticks w/ Dip Fruit</p>
<p>17</p> <p>Popcorn Chicken w/ Choice of Sauce Vegetable Rice Casserole Roll Fruit</p>	<p>18</p> <p>Macaroni & Cheese Green Beans Roll Fruit Apple Pineapple Salad</p>	<p>19</p> <p>Scrambled Eggs Sausage Patty Pancake w/ Syrup O.J. Baked Cinnamon Apples</p>	<p>20</p> <p>Stuffed Crust Cheese OR Pepperoni Pizza Golden Corn & Carrots Tossed Salad Fruit</p>	<p>21</p> <p> <i>School CLOSED</i></p>
<p>24</p> <p>Chicken Tenders w/ Choice of Sauces Cheesy Mashed Potatoes Fresh Veggies w/ Dip Fruit</p>	<p>25</p> <p>Hot Ham & Cheese on Roll OR Tuna Sandwich Noodle Soup Zesty Bean Salad Fruit</p>	<p>26</p> <p>Oven Baked Cheese Sticks w/ Dipping Sauce Hot Vegetable Tossed Salad Fruit</p>	<p>27</p> <p>Shepherd's Pie OR Tuna on Roll Baked Dinner Roll Broccoli Fruit</p>	<p>28</p> <p>Stuffed Crust Cheese or Pepperoni Pizza Tossed Salad Hot Vegetable Fruit</p>
<p>31</p> <p> Chicken Nuggets w/ Choice of Sauces Baked Beans Roll Fruit</p>		<p></p>		<p></p>

BREAKFAST MENU OCTOBER 2011

Manchester Elementary

Breakfast \$1.25

Cereal w/ Toast available every day

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Bagels w/ Toppings Fruit or Juice Milk <i>Early Dismissal</i>	4 Breakfast Pizza Fruit or Juice Milk	5 English Muffin Melt Fruit or Juice Milk	6 Donuts Fruit or Juice Milk	7 Waffles w/ Syrup Fruit or Juice Milk
10 Breakfast Pocket Fruit or Juice Milk	11 Cinnamon Toast (2) Fruit or Juice Milk	12 Sausage Patty w/ Cheese On Biscuit Fruit or Juice Milk	13 French Toast Sticks w/ Syrup Fruit or Juice Milk	14 Oatmeal w/ Toppings Fruit or Juice Milk
17 Waffles w/ Syrup Fruit or Juice Milk	18 Breakfast Pocket Fruit or Juice Milk	19 Blueberry Muffin Fruit or Juice Milk	20 Donuts Fruit or Juice Milk	21 <i>School CLOSED</i> 
24 English Muffin Melt Fruit or Juice Milk	25 Pancakes w/ Syrup Fruit or Juice Milk	26 Sausage Patty, Scrambled Eggs & Toast Fruit or Juice Milk	27 French Toast Sticks w/ Syrup Fruit or Juice Milk	28 Oatmeal w/ Toppings Fruit or Juice Milk
31 Pancakes w/ Syrup Fruit or Juice Milk			