



# OCTOBER 2009



Monday	Tuesday	Wednesday	Thursday	Friday	
			1 Chicken Patty on Roll OR Rib-B-Que on Roll Vegetable Soup Coleslaw Peaches Fruit Juice Bar	2 Pizza OR Turkey Wrap Tossed Salad Fresh Fruit Cookie	
5 Sloppy Joe on Roll OR Taco Salad Potato Rounds Fresh Veggies w/ Dip Orange Cream Bar	6 MANAGER PLANNED MENU	7 Chicken Tenders & Roll OR Corn Dog Cheesy Mashed Potatoes Hot Vegetable Fruit Animal Crackers	8 Breadsticks w/ Meat Sauce OR Turkey Lettuce Tomato Sand Tossed Salad Hot Vegetable Peaches Pudding	9 Pepperoni or Cheese Pizza OR Chicken Salad Wrap Hot Vegetable Fruit Cookie	
12 Grilled Cheese Sandwich OR Chef's Salad w/ Roll Pizza Soup Pasta Salad w/ Vegetables Peaches Fudge Bar	13 Chicken Quesadilla OR Chicken Mashed Potato Bowl Corn Salsa Rainbow Apples Cookie	14 Chicken Parmesan w/ Spaghetti and Roll OR Spicy Chicken Patty on Roll Green Beans Tossed Salad Mixed Fruit	15 Pizza OR Cold Cut Sub Hot Vegetable Fruit Cookie	16  <b>SCHOOLS            CLOSED            FOR STUDENTS</b>	
<b>NATIONAL</b>		<b>SCHOOL</b>		<b>LUNCH</b>	<b>WEEK</b>
19 MANAGER PLANNED MENU	20 Chicken Nuggets w/ Roll OR Hot Dog on Roll French Fries Peaches Fruit Juice Bar	21 Soft or Hard Shell Tacos w/ Cheese OR Ham & Cheese Wrap Shredded Lettuce Corn Fruit Pretzel Twists	22 Spaghetti w/ Meat Sauce & Garlic Bread OR Ranchero Pizza Tossed Salad Broccoli Pears Jello w/ Fruit	23 Pepperoni or Cheese Pizza OR Tuna Salad Sandwich Green Beans Fruit Cookie	
26 Oven Baked Cheesesticks w/ Dipping Sauce OR Beef-A-Roni w/ Breadstick Green Beans Pears Fruit Juice Bar  	27 Ham & Cheese Sub OR Manager's Choice Wrap Chicken Noodle Soup Fresh Veggies w/ Dip Apples Wedges Cookie	28 Popcorn Chicken OR Egg Salad Wrap Hot Vegetable Coleslaw Fruit Pudding	29 Scrambled Eggs, Sausage & Pancake w/ Syrup OR Manager's Choice Orange Juice Potato Rounds Baked Cinnamon Apples	30 Pizza OR Hamburger on Roll Tossed Salad Peaches Cookie	
			<b>Breakfast For Lunch</b>		