

OCTOBER 2011

Monday	Tuesday	Wednesday	Thursday	Friday
3 Sausage on Roll OR Muffin Fruit or Juice Milk	4 Breakfast Pizza OR Choice of Cereal w/ Toast Fruit or Juice Milk	5 (3) French Toast Sticks w/ Syrup OR Yogurt w/ Toast Fruit or Juice Milk	6 (1) Bagel w/ Toppings OR Sausage & Cheese on Roll Fruit or Juice Milk	7 English Muffin Melt OR (2) Waffles w/ Syrup Fruit or Juice Milk
10 SCHOOL CHOICE	11 (2) Pancakes w/ Syrup OR Sausage Sandwich Fruit or Juice Milk	12 Breakfast Pocket OR Choice of Cereal w/ Toast Fruit or Juice Milk	13 Ham & Cheese Muffin OR Bagel w/ Toppings Fruit or Juice Milk	14 Sausage & Egg on Roll Fruit or Juice Milk
17 Sausage on Roll OR Muffin Fruit or Juice Milk	18 Breakfast Pizza OR Choice of Cereal w/ Toast Fruit or Juice Milk	19 (3) French Toast Sticks w/ Syrup OR Yogurt w/ Toast Fruit or Juice Milk	20 (1) Bagel w/ Toppings OR Sausage & Cheese on Roll Fruit or Juice Milk	21 SCHOOLS CLOSED
24 English Muffin Melt OR (2) Waffles w/ Syrup Fruit or Juice Milk	25 SCHOOL CHOICE	26 (2) Pancakes w/ Syrup OR Sausage Sandwich Fruit or Juice Milk	27 Breakfast Pocket OR Choice of Cereal w/ Toast Fruit or Juice Milk	28 Ham & Cheese Muffin OR Bagel w/ Toppings Fruit or Juice Milk
31 Sausage & Egg on Roll Fruit or Juice Milk	<p><i>It's No Trick.....</i></p> <p><i>School Breakfast is a Healthy Treat!</i></p> 			