



EBB VALLEY EAGLE'S OCTOBER NEWSLETTER 2011



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Notes from the Office

Friday, October 7th will be our third annual Ebb Valley Fun Run featuring the Ebb Valley 750. The new format was a great success last year; students jogged or walked laps around the bus loop. Pledges were sought from family and friends with 40% of the income from the Fun Run going to the Leukemia and Lymphoma Society and the remainder going to the PTA. Our students' goal is to reach 750 miles, not only did we reach our goal last year, we nearly doubled it. Our students logged 940 miles in the Ebb Valley 500. Six laps around the bus loop equals one mile and our students logged 5,640 laps. Some students completed as many as 20 laps in the 30 minute period.

Of course we could not such a successful event without the tremendous planning efforts of Mr. Walter, Mr. Vaughn and the rest of the Fine Arts and Fitness team who helped supervise the event. In addition, we need plenty of parent volunteers in the pits that helped log laps, provide water for the students and distribute popsicles that will be provided by the PTA.

Parents are welcome to visit during your child's time slot and cheer them on, or why not join the walk. Thanks to everyone who supports this event. Please remember to send in your pledges.

Last spring we shared information about the Transportation study that will change bus routes and bell schedules for 2012-2013. Recently you should have received a notice with a link to the new school times and these FAQs, which will be located on the Transportation Department's webpage.

Since this will impact families and their before and after-school care plans, we wanted to communicate our new start and end times to parents as soon as possible. Ebb Valley's new start time for 2012 – 2013 will be 7:45 AM which is 55 minutes earlier than this year and dismissal time will be 2:15 which is also 55 minutes earlier than this year.

If you are thinking of using the before and after school program run by Celebree HotSpots which is located here at school, you will need to notify Celebree Hotspots ASAP because they will need to change their licensing and staffing to match the demand. Amanda Sorflaten is the Director of the Hotspots program at Ebb Valley, her e-mail address is PDHSEbbValley@celebree.com, or you can contact her at 443-375-1724.

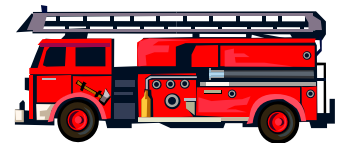
SIGN UP TODAY FOR PARENT TEACHER CONFERENCES

Parent Teacher Conferences will be held from 3:45 – 7:15PM on the following days:

October 25, 2011
November 2, 2011
November 10, 2011

Please call the school office at 410-386-1550 to schedule a conference with your child's teacher.

FIRE PREVENTION WEEK OCTOBER 10 - 14



The Manchester Volunteer Fire Department will be here on Wednesday, October 12th with their fire truck to discuss fire prevention and safety with children in Grades K - 1.



NATIONAL SCHOOL LUNCH WEEK OCTOBER 10 -14

Purchase a school breakfast and/or school lunch from the Ebb Valley Café. Ms. Treasa offers a variety of nutritional meals for everyone.

Give-a-ways each day!!



NATIONAL SCHOOL BUS SAFETY WEEK OCTOBER 17 -21

October 18th is School Bus Driver Recognition Day. Be sure to let your bus driver know how much they are appreciated.

Notes from the cafeteria...

If your child needs to borrow lunch money, please remember to pay it back the next day!

When packing lunch, please remember to provide napkins, straws and spoons.

National School Lunch Week is October 10 - 14. There will be Giveaways each day.

Everyone can purchase breakfast and/or lunch tickets in advance. You can prepay for as few or as many meals as needed. Just multiply the number of lunches you would like to purchase by \$2.00 each and the number of breakfasts you are purchasing by \$1.25 each. Please make all checks payable to Ebb Valley Cafeteria. Below is a chart to help calculate the cost of prepaid lunch and breakfast.

Prepaid Lunch Chart

<i>1 ticket = \$2.00</i>	<i>10 tickets = \$20.00</i>
<i>3 tickets = \$6.00</i>	<i>15 tickets = \$30.00</i>
<i>5 tickets = \$10.00</i>	<i>20 tickets = \$40.00</i>

Prepaid Breakfast Chart

<i>1 ticket = \$1.25</i>	<i>10 tickets = \$12.50</i>
<i>3 tickets = \$3.75</i>	<i>15 tickets = \$18.75</i>
<i>5 tickets = \$6.25</i>	<i>20 tickets = \$25.00</i>

Any student buying lunches at a reduced cost can also prepay for those breakfasts and/or lunches. Just multiply the number of lunches you would like by 40 cents and the number of breakfasts by 30 cents. Below is a chart to help calculate the cost of reduced prepaid lunch and breakfast tickets.

Reduced Prepaid Lunch Chart

<i>1 ticket = \$.40</i>	<i>10 tickets = \$4.00</i>
<i>3 tickets = \$1.20</i>	<i>15 tickets = \$6.00</i>
<i>5 tickets = \$2.00</i>	<i>20 tickets = \$8.00</i>

Reduced Prepaid Breakfast Chart

<i>1 ticket = \$.30</i>	<i>10 tickets = \$3.00</i>
<i>3 tickets = \$.90</i>	<i>15 tickets = \$4.50</i>
<i>5 tickets = \$1.50</i>	<i>20 tickets = \$6.00</i>

Just a reminder that parents are welcome to come eat lunch with your child. We ask that you do not bring outside food (restaurant/fast food) to the cafeteria when you come. Adults can purchase a lunch from the cafeteria for \$3.25. Please call in advance to order.



Ebb Valley Fine Arts & Fitness News

Welcome to the Art Room

The Ebb Valley Art program has gotten off to a great start. All grades are having fun working with new and interesting materials and learning new art techniques!

In the month of October students in Kindergarten will continue to learn about the art elements of line and shape. First grade students will be learning about Paul Klee and abstraction in art as well as the art element of texture. They will learn about the printing process and use Fall leaves as a theme for their work. In Second grade, students will be incorporating the facts that they are learning in science class as they create mixed media insects and study the work of M.C. Escher. Soon, they will apply this new knowledge as they learn about Alexander Calder's mobile art installations and create their own insect mobiles. Third graders are now finishing a unit on Picasso inspired abstract self portraits and will soon be learning how to weave to create Hispanic inspired textile squares. Fourth grade students are finishing their contour line drawings while contributing to the Linus Project quilts that they will complete in the month of March. They will soon begin to work with the art element of color as they create abstract monochromatic tempera paintings. Fifth grade students are studying the art element of Form and will soon be working on clay in form bowls that will be used in the month of February when we hold our second Annual Empty Bowls fundraiser.

The art room is always a busy and productive place. Please encourage your child to talk about what they are making in the Art classroom! Mrs. Duvall



Music News and Announcements **Save the Date 4th and 5th Graders**

Important upcoming dates:

5th Grade Chorus Concert: Tuesday, November 1st 7:00 P.M.

4th Grade Chorus Concert: Wednesday, May 16th 7:00 P.M.

Please be sure to mark your calendars as we need all of the 5th graders present in the Fall program and all 4th graders present in the spring program. It is a tradition at Ebb Valley that ALL students participate in one choral setting a year. This provides a greater number of students involved in a performance setting, as well as avoids pull outs from other academic areas. More information will be provided to parents/guardians in the form of a letter sent home with students closer to these events.

The music department has a website and we encourage students and parents to visit this site on a regular basis as it contains all of the important dates, materials for general music and band/strings, student resources etc... You can find the website through Ebb Valley's Homepage by clicking Music on the left navigation bar, or type in the following URL in your web browser:

<http://www.carrollk12.org/eve/music/default.asp>

RED RIBBON WEEK!!!

Red Ribbon Week is scheduled for the week of October 24th -28th! This week honors a fallen DEA agent, Enrique Camarena, who was working to keep drugs out of our country. We will celebrate Red Ribbon Week at Ebb Valley to honor him and all of us who choose to lead a healthy and drug-free lifestyle! Below is the schedule for our dress-up days to celebrate this week!

MONDAY, OCTOBER 24TH - Wear Red Day- to honor those who have fought the battle against drugs

TUESDAY, OCTOBER 25TH - Wear your PJs- Ebb Valley wakes up to a drug-free world (school appropriate pjs & shoes)

WEDNESDAY, OCTOBER 26TH - School Colors Day - Ebb Valley pledges to be drug-free (students will sign pledge cards in Health class to promise to live a drug-free lifestyle)

THURSDAY, OCTOBER 27TH - Wear your favorite sweats -
Living drug-free is no sweat for Ebb Valley

FRIDAY, OCTOBER 28TH - Wear Your Favorite Team's Shirt/Jersey -
Ebb Valley will team up against drugs

Thanks for your support!

*Ebb Valley Health Teachers
Ms. Bolander and Mr. Vaughn*

Phys Ed Happenings for October

October is a busy month in our gymnasium and out on our fields. PE classes are being held outside weather permitting until the end of October. Please encourage your children to wear a sweatshirt or jacket on those chillier mornings so they can have them for PE class. It is usually breezy up on our fields which can make the temperature seem even cooler.

FUN RUN is October 7th. This is a major fund raiser for our PTA and it is a fun way for us all to pull together as a community to accomplish a goal. Our students are hoping to cover 750 miles as a school by walking or jogging around our bus loop. Our financial target is \$12,000 with a portion of the proceeds being donated to the Leukemia / Lymphoma Society. Last year Ebb Valley was one of the top fund raisers in the state.....can we make it to #1 this year?

Below is the class color and schedule of when each grade will be doing their FUN RUN.

Grade	RED	BLUE	GREEN	YELLOW
K	Demidenko	Leckron	Martin	Gardner
1	Adams	Elsen	Happel	Baldi
2	Miller	King	Lazzelle	Patrick
3	Anderson	Granger	Yingling	Etzel
4	Carl	Watts	Mersinger	Downey
5	McDonough	DeStefano	Spickler	

Fun Run 2011 Schedule

8:40-9:40	Grade 5
9:40-10:40	Grade 3
10:40-11:40	Grade 4
12:10-1:10	Grade 2
1:10-2:10	Grade 1
2:10-3:10	Kindergarten

There are many prizes for students to earn from T-shirts to Wal-Mart gift cards. Additionally, every home room that has 100% is eligible for a drawing for a pizza party for their entire class. Thanks for all of your support for Ebb Valley.

PROJECT ACES CHALLENGE / NFL PLAY 60

Beginning Monday October 3rd, every student in Carroll County will partake in the Project Aces challenge. It is a 2 week event in which students are challenged to be active 60 minutes a day, every day for 2 weeks. Every student will have an activity calendar on which they will log their activities. This program is being done in conjunction with the Play 60 initiative sponsored by the NFL. Every student turning in a completed activity calendar is eligible to win some exciting prizes. The Baltimore Ravens are donating some prizes that everyone in the county can win. In addition, the PTA has provided some funds for us to buy prizes that Ebb Valley students can win. Look for the calendars to come home on October 3rd. Let's make Ebb Valley #1 in the county.



Instrumental Music Notes - Mrs. Rees

4th & 5th grade lessons are well underway here at Ebb Valley! After only a few lessons, our beginners have learned how to assemble and hold their instruments, how to make a good sound, and are experimenting with a few new notes. Percussionists are learning note-reading skills with the bells. String students are using the "*pizzicato*" style of playing as they become familiar with each of the four open strings. Please encourage them to show you how to do the things they are learning - teaching someone else is a good way to help reinforce these skills. Our 5th grade students are already building upon the skills they learned last year. It is important for them to establish a regular practice routine at home so that we can continue to move forward, both in our individual and ensemble playing.

We look forward to seeing you at our planned performances for this year! Please be sure to mark your calendars with the following performance dates:

- Monday, December 12 - 5th Grade Winter Concert
- Monday, February 6 - Beginner Instrumental Concert
- Monday, May 16 - Spring Chorus & Strings Concert (4th Grade Chorus, 4th & 5th Grade Orchestras)
- Wednesday, May 23 - Spring Band Concert (4th & 5th Grade)

Ebb Valley Media Center

Read for the Record



Each year, millions of adults and children gather on a single day to set a new reading record and to show their support for early literacy by joining Jumpstart's Read for the Record. The kick-off will be televised on the NBC Today Show. Can they succeed in getting over 2 million readers this year?

On October 6, Ebb Valley will be reading *Llama Llama Red Pajama* to the students to help try to set the world record. The students will be listening to the book on the morning announcements.

You can help by pledging your support and reading the story online with your child. Get started now and you can help the organization give 50,000 books to more than 6,000 schools across the country.

Pledge to read for Jumpstart's Read for the Record by going to their website at

<http://www.wegivebooks.org/pf/rftr/>

Start by reading one of the many free books online at "We Give Books". For each book you read as part of the **Read for Our Schools** campaign, "We Give Books" will donate a copy of *Llama Llama Red Pajama* to a school so that a classroom can help break the record! You will find several other online books for your children to read on their website.

Time spent reading the online books can be counted toward the HIKE program, so be sure to record it on your child's reading record.

**Ready, Set, Read!
Start reading Ebb Valley!**



Keep Reading!

Helga Anderson
Media Specialist

Morning Parent Drop-off Reminders

Now that the first month of school is behind us, we are all getting used to the routines that will make the morning drop off run more smoothly. With that in mind, we would like to pass along a few reminders that will help us keep the drop off smooth and safe for our students and adults alike.

**Please pull up as close as possible to the cafeteria entrance to drop off your student. This will enable us to have the maximum number of cars out of bus traffic.*

**Know that we are doing everything we can to move the line along. Please DO NOT pass anyone. We have students who exit cars on the left side and try to provide a safe environment for them to do so.*

**In order to keep the line moving, we ask that you have your child ready to drop off when in the line. If you need to sign papers, give them lunch money, etc. please park in the parking lot and either walk your child to the sidewalk via the crosswalk, or circle back into the drop off line again.*

Thank you for your help in making our morning drop-off a safe and efficient process for all.

The Yearbook Committee Needs Your Help!!!!

The yearbook committee cannot be at every function to take pictures for the 2011-2012 yearbook. If you have pictures throughout the year that you can send in for us to use in the yearbook, that would be great!!! The pictures can be from any school function, field trip, in school, bus stop, breakfasts, holidays, concerts, etc. We want to be able to include as many kids in the yearbook as possible and we can only do that if we have many different sources of the pictures. Please send in your pictures to the office (you will not get them back) attention: yearbook committee. You can also email pictures or questions to Shannon Chenoweth at Chenoweth.sl@pg.com . Thank you for your help in making our yearbook a success!



Nurse Notes:

*Remember parents need to bring in medication for your child with the signed medication form. **STUDENTS ARE NOT ALLOWED TO TRANSPORT MEDICATION OF ANY KIND.***

*Flu Mist forms were due back to the Nurse no later than September 23rd and late forms could not be accepted. Please know that the administration of the flu mist will be on October 11th (dose 1) and November 8th (dose 2 if needed). If your child is absent, the dose **WILL NOT** be held for a later date.*

***Reminder to Parents:** Hearing and Vision Screening was September 6-9th. Forms regarding need for vision follow-up were mailed home. Please have your child checked and return the form as soon as possible to the school nurse. The Carroll County Health Department needs this information. Please feel free to email me with any questions or concerns with this issue.*

Please remember to send in notes with your child regarding physical limitations to PE participation. These doctor's notes are required to be on file for injuries. **A parent note is only sufficient for 3 days then a medical doctor is needed for further excuse from PE.*

***If there have been any changes to your child's health status, please inform me of these changes. This aids in caring for your child at school. This includes medication changes, even if your child does not take any at school.*

Just a few reminders to all parents:

- *Students sent home with a fever greater than 100 degrees **MAY NOT** return to school until **FEVER** free for at least 24 hours without medication.*
- *Acetaminophen and Ibuprofen in junior/child dosing packaging are the only drugs permitted with parent signature. Any dosing above the recommended dose for weight and age will need a physician order. Forms are available in the Health Room, and on the CCPS website.*
- *All other Over-the-Counter or Prescription medicines will need a physician order, **No exceptions.***
- *Students are NOT PERMITTED to transport any medications, ointments etc. to or from school.*
- *Parents must bring in the medicine in the original container with the student's name on the outside. Please make sure that all prescription medications are properly labeled from the pharmacy with the student's name, medication, dosage, physician's name and expiration date.*
- *Reminder to all Kindergarten parents: Please consider sending in a change of clothes for your child. The clothing will remain at school and used if needed.*
- ***Only the following items may come to school with your student: Chapstick/lip balms, saline eye solution, hand lotion, sunscreen, and waterless hand cleansers. Non-medicated cough-drops are also permitted. (Halls, Luden's or Ricola, for example). Medicated cough-drops have a daily dosage and a limit for a 24 hour period; these would need a physician order and be transported by an adult.***

Thank you for your continued cooperation, and let's hope for a healthy school year. As always, feel free to contact me with any questions. Nurse Kerrie

This Just In!

From Mrs. Spera, School Counselor

Current Classroom Guidance lesson topics:

Kindergarten and First Grade students are acquiring self-knowledge and interpersonal skills in the following ways: developing their “feelings vocabulary”, building empathy (imagining how someone else might feel), and learning how to “fill buckets” with good thoughts and feelings (ask your child what it means to “fill a bucket”). Also, aside from filling buckets, first graders are learning to use “I” statements to communicate assertively (“I feel _____ when you _____. Next time, please _____).

Second Grade students are developing their self-knowledge, self-concept, and personal awareness.

Students will recognize that our names are special and begin to define us. We will identify some ideas/characteristics that we want people to think of when they say our names. We will also work with “Bucketfilling” as a way to help someone who might be feeling left out. See www.bucketfillers101.com for more information or resources on this topic.

Third Grade students will build self-knowledge and then take steps to apply that knowledge with regard to effective decision-making. Students will be identifying their own decision-making styles and categorizing decisions as I (something the student is responsible for), You (a student must wait for an adult to decide), or We (the student as part of a group decides) decisions.

Fourth Grade students will be developing self-knowledge and effective learning practices by differentiating “responsibility vs. respect”. Students will also be identifying passive, assertive, and aggressive verbal and non-verbal communication. Fourth graders will also be working to understand that all behavior has some type of consequence.

Fifth Grade students will be developing self knowledge/concept as they identify the power of positive attitude, and learn effective ways to manage friendships.



PBIS News!

On Tuesday, August 30th, we kicked off our Ebb Valley PBIS program with a schoolwide assembly to re-introduce the Ebb Valley Eagle Flight Plan to students. The assembly began with the teachers “FlashMobbing” the entire student body with a song medley that correlated with EVE’s Flight Plan! The “Flight Plan” is made up of four basic expectations (Responsibility, Respect, Safety, and Preparedness) for behavior in all areas of the school. These expectations are being taught and recognized (Eagle Feathers & Checkbooks) in all settings throughout the school. You can find out more about PBIS in the EVE Student Handbook, or from Mrs. Spera.

HIGHLIGHTED CHARACTER TRAIT : QUARTER 1

**** Respect ****

Kindness~Manners~Voice Tone~Body Language



Homework Tips:

Now that the school year is in full swing, keeping with a routine (especially on school days) will be important to your child's school success. Here are some tips that may come in handy.

1. Establish a "study space" for your child where he/she does homework each evening. A great study space should:

- be well lit
- be a quiet place (but allow for frequent adult "check-ins")
- have all necessary supplies on hand (sharp pencils, crayons, ruler, etc.)

2. Helping your child to be successful with homework might include:

- reading directions together
- doing a sample question together
- checking the agenda book together
- periodic check-ins during homework time (ask your child to explain the step that he/she is on, or to "think aloud" when you are closeby)
- a "quality-check" after the assignment is complete

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October 2011 is National Bullying Prevention Month
Monday, October 3rd = Wear a Blue T Shirt to Stomp Out Bullying Day

You can find some great information at:

<http://www.pacerkidsagainstbullying.org>

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Fifth Grade News

October 2011

ELA

- Fifth grade students need 900 minutes and 16 journal entries in order to meet the *Ready, Set, Read* goal and be eligible for prizes. You should have received two letters about the program and how you can help at home. If you have any questions, let us know.
- In Writing, we've started Writer's Notebooks, wrote an informative article about a classmate, and began a story. Students may bring home their Writer's Notebook at any time to finish entries or for you to read over. It is graded every month or two.
- In Reading, we've studied text features and how they help the reader understand, fact and opinion, and reviewed a few strategies from previous grades. Also, we have started the routine of weekly reading comprehension homework.
- In order to integrate Science into ELA, we've read, discussed, and written about the environment. Our reading group books and homework have been on environmental topics.

Math

- Cluster 2 is on addition and subtraction computation. Students need to be able to add and subtract decimals (including money). Additionally, they need to be able to estimate to determine the sum or difference.

Science

- In Science the fifth graders will continue to work on the environmental unit "Unless". We have finished our study on energy. We will be moving on to looking at invasive plants and animal adaptations.
- Don't forget our hike to the Pine Valley outdoor classroom on October 4th. We will be in search of invasive plants!

Just to remind you...

Please check and sign your child's agenda each night. Your child should have something recorded on each school day. The agenda is our best way to communicate homework, events, and reminders. The PBIS calendar is in the back of the agenda. This is where any "Ws" will be recorded. A note may be also found on the actual week day.





BOX TOPS BOX TOPS BOX TOPS

We are excited to announce that we are doing an *awesome* job on our Box Top Contest this year. The contest has already started with the summer and September collection sheets. (We are busy counting!) For the month of September, the goal was 500 Box Tops per grade. EVERY grade level achieved the goal and will receive 15 EXTRA minutes of recess!!! YAY!!!

Check out our schools' website homepage to follow each grade levels month by month progress. (We update it weekly.) The October goal is 500 Box Tops per grade level. Each grade level that achieves this will earn a Wacky Hair Day (no hair dye, please). Keep your eyes out for an October collection sheet coming home the first week of the month. Not only does the school earn \$1.00 per collection sheet, but your child earns an eagle feather! ☺ Feel free to send in additional Box Tops. Each one counts! Wacky Hair Day will be announced towards the end of the month for the grade levels that collect 500 box tops.

We are also setting a goal for the year... 30,000 Box Tops. That is \$3,000 for OUR school. This money will go towards technology enhancements throughout the school. We all know how important it is to keep up with technology.

30,000 box tops (year's goal)
 - 7,747 box tops (September collection as of 9/26)
 22,253

Keep Trimming,
 EVE Box Top Team

Tammy Neal
 t2acneal@msn.com

Dana Chirillo
 danalynn02@hotmail.com



Market Day Update

We would like to thank everyone who made a purchase to Market Day in August. Our school receives either 10% or 15% of all purchases depending on the total sales. A special thanks is extended to everyone participating in the program. Flyers for Market Day will come home the first week of each month. You can send your order in to school or place it online. **Our next Market Day Pick-up is Tuesday October 25th from 6:15-7PM in the cafeteria.**

Month	Profit
July	252.73
August	157.58
September	
October	
November	
December	
January	
February	
March	
April	
May	
June	
Total for Year	410.31

Donating Coke Reward points to EBB VALLEY is easy!

Ebb Valley earns points for every coke rewards code/coke cap that you send in. We will use these reward points along with Campbell's Soup Points to purchase new recess equipment.

Our Coke rewards total is now at 34,437. One recess kit can be purchased with 23,044 points. We would like to be able to purchase a kit for each grade level.

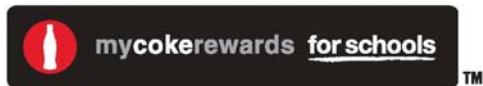
Please contact your family, friends and place of business to have everyone save their coke reward points and coke caps for Ebb Valley. Reward points can be placed in the container in the front lobby and we will enter them for you.

Want to donate points? Here's how you can get them

 <p>Bottles each have a code under the cap worth 3 points</p>	 <p>24 packs (of 12 oz. cans) have a code under the flap worth 20 points</p>	
 <p>32 packs pack a punch with a code under the wrap worth 25 points</p>	 <p>A 12 pack of 12 oz. cans has a code under the flap worth 10 points</p>	

Get codes and donate points from any of these participating brands



Head to mycokerewards.com to enter codes, donate points and support our school.

My Coke Rewards is open to legal residents of the 50 U.S. states (and DC) age 13 and over. Visit www.mycokerewards.com for details and a full list of participating products. ©2009 The Coca-Cola Company.



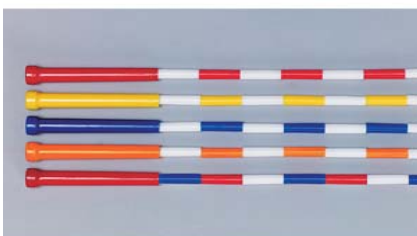
Campbell's Labels for Education!

For over 30 years, Campbell's Labels for Education program has awarded over \$100 million in FREE merchandise to schools nationwide. Ebb Valley Elementary is participating in the Campbell's Labels for Education program. We are asking parents, teachers and friends in the community to collect Campbell product proofs of purchase that can be redeemed for free educational merchandise. At this time, we are looking to use our Campbell's labels along with the Coke Reward Points to purchase new recess equipment for each grade level.

You can help Ebb Valley Elementary earn free merchandise simply by collecting Campbell products proof of purchase and sending them in to our school.

At this time, we have submitted a total of 22,195 points to Campbell's to help us get our recess equipment. To purchase this equipment for all grade levels we need a total of 55,600 points.

We need your help and that of your family, friends and coworkers to help us reach our goal of new recess equipment. It's easy to pitch in. Simply save products proofs of purchase from any of the following Campbell products and send them to Ebb Valley:



Campbell's® soups

- *Campbell's® Select Harvest™ soups*
- *Campbell's Supper Bakes® meal kits*

SpaghettiOs® Pasta -Original and Meatball

Campbell's® beans, gravies, and pasta

Prego® pasta sauces

Swanson® broths and canned poultry

- *V8® vegetable juices*

- *V8 Splash® juice drinks*

- *V8® soups*

- *Campbell's® tomato juice, Pepperidge Farm® breads, cookies, crackers, and frozen products*

Pepperidge Farm® Goldfish® crackers

Reminders for October...

October 3 - 14 Project Aces

October 3 - 2 hr 45 minute Early Dismissal (12:25PM dismissal)

October 4 - Grade 5 hike to Outdoor Classroom

9:45-11:30AM McDonough's homeroom

12:30 - 2:45PM Destefano & Spickler's homeroom

October 6 - School Banking begins in the front lobby 8:15-8:40AM

October 7 - Fun Run

Vision & Hearing Rescreening

October 10 - 14 Book Fair Week

October 12 - Evening Book Fair 6:00 -8:00PM in Media Center

October 12 - Fire Department To Visit (Grades K, 1)

October 10 -14 National School Lunch Week

October 11 - Flu Mist (first dose)

October 14 - Raindate for Fun Run

October 17 - 21 National School Bus Safety Week

October 18 - School Bus Driver Recognition Day

October 21 - School closed for students & 10 month staff

October 24 - Grade 3 field trip to National Aquarium in Baltimore

October 25 - Parent Teacher Conferences 3:45 - 7:15PM

Market Day Pick-Up 6:15-7:00PM in cafeteria

October 26 - Summer Reading Breakfast 8:45-9:45AM

October 24 - October 28 Red Ribbon Week

October 24 - Wear Red Day

October 25 - Wear your PJs day

October 26 - Wear School Colors Day

October 27 - Wear your favorite sweats

October 29 - Wear Favorite Team's Shirt/Jersey

Breakfast - \$1.25

EBB VALLEY ELEMENTARY

October

BREAKFAST

2011

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 French Toast Sticks w/syrup or Cereal & Toast Fruit or Juice Milk Early Dismissal Day	4 (2) Cinnamon Toast or Cereal & Toast Fruit or Juice Milk	5 Bagel w/ Toppings or Cereal & Toast Fruit or Juice Milk	6 Choice of Donut or Cereal & Toast Fruit or Juice Milk	7 Scrambled Eggs & Toast or Cereal & Toast Fruit or Juice Milk
10 Waffles w/ Syrup or Cereal & Toast Fruit or Juice Milk	11 (2) Cinnamon Toast or Cereal & Toast Fruit or Juice Milk	12 Breakfast Pocket or Cereal & Toast Fruit or Juice Milk	13 Choice of Donut or Cereal & Toast Fruit or Juice Milk	14 Scrambled Eggs & Toast or Cereal & Toast Fruit or Juice Milk
17 French Toast sticks w/syrup or Cereal & Toast Fruit or Juice Milk	18 (2) Cinnamon Toast or Cereal & Toast Fruit or Juice Milk	19 Breakfast Sausage Pizza or Cereal & Toast Fruit or Juice Milk	20 Choice of Donut or Cereal & Toast Fruit or Juice Milk	21 SCHOOLS CLOSED
24 Waffles w/ Syrup or Cereal & Toast Fruit or Juice Milk	25 (2) Cinnamon Toast or Cereal & Toast Fruit or Juice Milk	26 Bagel w/ Toppings or Cereal & Toast Fruit or Juice Milk	27 Choice of Donut or Cereal & Toast Fruit or Juice Milk	28 Scrambled Eggs & Toast or Cereal & Toast Fruit or Juice Milk
31 French Toast sticks w/syrup or Cereal & Toast Fruit or Juice Milk				

Lunch - \$2.00 Ice Cream - 75 cents Milk - 50 cents

Lunch Choices also include: Tuna on Roll, Cheese Sandwich, or a Tossed Salad

EBB VALLEY ELEMENTARY



OCTOBER

LUNCH

2011

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Chicken Tenders Vegetable Fruit Early Dismissal Day	4 Hamburger or Cheeseburger on Roll Tator Tots Fruit	5 Hard or Soft Taco Shredded Lettuce Corn Fruit	6 Spaghetti Casserole Vegetable Fruit	7 Stuffed Crust Pizza Vegetable Fruit
10 Chicken Patty Baked Beans Fruit	11 Chicken Pot Pie w/Roll Tossed Salad Fruit NATIONAL SCHOOL	12 Cheesesticks w/Dipping Sauce Hot Vegetable Fruit LUNCH WEEK	13 Sausage, Egg & Cheese on Muffin or Egg & Cheese on Muffin Tator Tots Fruit	14 Pizza or Hot Dog Vegetable Fruit
17 Popcorn Chicken Mashed Potatoes w/ Gravy Vegetable Fruit	18 Turkey & Cheese on Roll Vegetable Soup Fruit	19 Hard or Soft Taco Shredded Lettuce Corn Fruit	20 Pizza or Pizzata Vegetable Fruit	21 SCHOOLS CLOSED
24 Chicken Nuggets Broccoli Rice Casserole Fruit	25 Cheesesticks w/Dipping Sauce Vegetable Fruit	26 Shepherds Pie Baked Dinner Roll Broccoli Fruit	27 Grilled Cheese Sandwich Tomato Soup Vegetable Fruit	28 Stuffed Crust Pizza Vegetable Fruit
31 Chicken Tenders Vegetable Fruit				