

ACADEMY OF HEALTH PROFESSIONS: CERTIFIED NURSING ASSISTANT

Foundations Standard 1 : Academic Foundation

Human Structure and Function

Apply science concepts in the assessment & delivery of care

Medical Mathematics

Apply medical mathematics

Foundations Standard 2 : Communication

Concepts of Effective Communication

Demonstrate effective communication

Report relevant information in acceptable time frame

Explain the difference between subjective and objective information

Medical Terminology

Use medical terminology

Written Communication Skills

Demonstrate written communication skills (class & lab& clinic)

Foundations Standard 3 : Systems

Healthcare Delivery Systems

Compare & contrast different healthcare settings

Foundations Standard 4 : Employability Skills

Demonstrate Personal Traits of the Healthcare Professional

Work Effort

Safety

Organization

On Task Behavior

Responsibility

Initiative

Team Work

Respect

Interpersonal Skills

Professional Appearance

Employability Skills/ Preparation

Update health career portfolio

Career Decision Making

Describe careers within the health science pathways

Apply career decision-making skills

Foundations Standard 5 : Legal Responsibilities

Legal Implications

Apply procedures for accurate documentation & record keeping

Foundations Standard 6 : Ethics

Ethical Practice

Apply legal practices (HIPAA, confidentiality, patient rights & privacy)

Foundations Standard 7: Safety Practices

Safety and Infection Control

Demonstrate safe practices

Demonstrate infection control practices

Identify, respond to, and/or report emergencies or safety hazards

Foundations Standard 8: Teamwork (See Foundations Standard 4-Teamwork)

Healthcare Teams

Demonstrate effective teamwork (*Do Not Score*)

Foundations Standard 9: Health Maintenance Practices

Health Behaviors

Apply behaviors that promote health & wellness

Foundations Standard 10: Technical Skills

Technical Skills

Provide Personal Hygiene And Comfort Measures

perineal care)	Administer complete bath (including
razor)	Administer partial bath Administer tub bath/ shower /whirlpool Provide hair, nail, and foot care Demonstrate shaving (electric, disposable
hygiene	Change linens on unoccupied bed Change linens on occupied bed Perform routine, special, or denture oral
undressing	Provide assistance in dressing and
Assist With Client Intake And Output	
percentage	Assist with adult feeding & record meal Measure & record fluid intake Measure & record output Assist client to use toilet /bedside commode Assist with bedpan/urinal Demonstrate catheter care in lab/clinic Observe/demonstrate ostomy care Observe intravenous flow & site and report
observations	
Assist With Ambulation And Movement	
dangle/transfers/ambulation	Use proper body mechanics Assist client with
motion exercises	Assist with active and passive range of Apply antiembolism stockings in lab - TEDS Demonstrate positioning techniques Demonstrate use of a mechanical lift
Measure Vital Signs	
thermometer	Measure and record temperature with an oral
(manual)	Measure and record radial pulse (manual) Measure and record respirations Measure and record blood pressure
machine (automatic)	Measure and record vital signs using V/S Measure and record height and weight Observe and check oxygen administration
Practice Safety Measures	

devices

Apply physical restraints in lab/apply **safety**

(alarms, mats, etc.)

Foundations Standard 11: Information Technology Applications

Information Technology

Identify records and files common to healthcare

Interpret information from medical records

Complete Portfolio

Complete Mock Job Interview