

CHS News – A First Quarter Review

The first quarter at Century High School has been a memorable one and I'd like to take a moment to reflect on our accomplishments before we look ahead. Our school was ranked by Newsweek magazine as a top high school in the nation; the Washington Post ranks us near the top 100 high schools in the metro area; we've become a University of Maryland, Clark School of Engineering Top 25 Source School producing future engineers; we are home to National Merit scholars, Advanced Placement Scholars, and Maryland Distinguished Scholars; our Academic Team won the first county competition this year; the Debate Team scored well in their first competition; and we will launch a Robotics Team soon. Our 10th grade students all took the PLAN test in October; 11th graders all took the PSAT; our 9th grade students received updated reading scores showing their ability levels; we instituted a new grading policy; and parents now have access to grades online! The Marching Band continued to showcase their talents this year placing 7th in nationals; our cheerleaders are going for a regional title; Girls Soccer and Volleyball are making a run at regional titles; Football and Boys Soccer each had successful seasons; the golf team ranked high in the county; Cross Country and Field Hockey are State Champion hopefuls! The ROTC program faced off successfully against the program at Winters Mill; our SGA organized an outstanding spirit week; Pink Day was a school-wide success; marking the 10th Anniversary of our school at Homecoming! We donated thousands of dollars to Alex's Lemonade Stand to help fund cancer research; our 9th grade students participated in the Academy Fair; the drama production of One Act Plays and our Rude Mechanicals Shakespeare troupe showed everyone our flair for the dramatic; and the National Honor Society held a successful Blood Drive. This is quite an impressive list. It is hard to believe our students, staff and parents accomplished this in nine (9) short weeks. Please take a moment to congratulate your son/daughter on being a successful Knight; ask them about their "Graduate Profile" and see if we are on the right track. Together, we can accomplish many great things!

Now, as we get closer to Thanksgiving, we should stop and take a moment to appreciate what we are blessed to have. In our community, this can be a long list, however, every day we are reminded of how things can transform overnight. This economy has impacted families and neighbors in our district; jobs can be hard to come by; expenses seem overwhelming. Health of loved ones, friends and colleagues can quickly change. So please stay connected with each other and with your school. If you know of someone in need, or if you know someone is going through a rough time and need suggestions on where to turn to for assistance, our counseling office can provide you with information about programs in our school and community. In today's society, we need to prepare our students to be successful ~ a good education will help open doors for them and provide all of our Knights opportunities that didn't exist only a few years ago. So let us know what we can do to help continue to challenge and support your student to do their very best. We know they are capable of doing great things ~ just review the list from first quarter!

Drew Cockley

Principal

Calendar of Events

Nov 12: Report Card Distribution

Nov 12: Rude Mechanicals Shakespeare Troupe presents "Twelfth Night" – 7pm

Nov 13: Rude Mechanicals Shakespeare Troupe presents "Twelfth Night" – 7pm

Nov 15: 2hr 45 min Early Dismissal (11:50am) – Teacher Professional Mtgs

Nov 16: PTSO Meeting (Grading Policy and Home Access Center) – 7pm

Nov 17: 11th Grade Class Mtg at 9am (Parents Welcome!) – College prep and more!

Nov 19: Rude Mechanicals Shakespeare Troupe presents "Twelfth Night" – 7pm

Nov 20: Rude Mechanicals Shakespeare Troupe presents "Twelfth Night" – 7pm

Nov 22 – 26: Schools Closed for Thanksgiving Break

Nov 30: Academic Challenge at North Carroll HS – 4pm

Dec 3: 9th Grade Students select their academy!

Dec 4: SAT Testing Day

Dec 4: CHS Talent Show – 7pm

Dec 9: Winter Band Concert – 7pm

Dec 10: AHC Coffee House (after school)

Dec 11: CHS hosts Woodlawn HS JROTC program in Army/Navy Game Competition

Dec 11: SGA Sponsored "Techno Dance" – 8pm to 10pm

Dec 13: "College Night"

Distribute PSAT / PLAN scores, review AP program, discuss SATs and all the ins and out of preparing for the college admission process

(Open to Parents from ALL grades).

Dec 15: Winter Chorus and Orchestra Concert

Dec 17: HHSS Academy Health Fair

Dec 18: JROTC Military Ball

Dec 22: 10th Grade Class Ring Ceremony – 7pm

Dec 23: 2hr 45 min Early Dismissal (11:50am) – Winter Holiday Begins. School reopens January 3, 2011.

AHC Academy ~ Updates

Student Artists recently created “Junk Sculpture” pieces for a competition to see who will represent Century High School for a state level program sponsored by the Maryland Department of the Environment.

And the winners are:

Honorable Mention: Kandace Bellofatto with "Magnetized"
Honorable Mention: Sara Hall with "Heron"

3rd Place: Lauren Fritts with "Chairy Recy-colas"
2nd Place: Lizelle Foose with "Nature's Reflection"
1st Place: Jasmine Elberfeld with "A Walk in the Park"

Thanks to all students for their participation, the Art Club for making the awards and hosting the show, and faculty and staff for your votes!

All winning sculptures will compete at the state level competition held in Baltimore on November 19.

October AHC Accolade Winner

Lizelle Foose is the AHC Accolade winner for the month of October



for her outstanding achievement in the arts!

CENTURY APPAREL

Century apparel orders are being taken for the holidays We have sweatshirts, t-shirts, jackets, tote bags etc Contact christine fallon at lasagnacook@comcast.net

The following items are available for purchase: hooded sweatshirts, crewneck sweatshirts, zip hoodies, ladies sweat pants, tank tops and shorts, long and short sleeve t-shirts, gym bags, tote bags, lanyards, visors and car magnets with the inventory constantly changing. These items are sold at all back to school events, all chorus and band concerts and at each and every home football game. If you have any questions, please contact Christine Fallon at lasagnacook@comcast.net

ARTWORK ON DISPLAY

It is our pleasure that the followings students have artwork on display at the Carroll County Board of Education office building through the end of November. We are proud their work and want to congratulate them for representing Century High School's Visual Arts program. These students are: **Ian Saslow, Stephanie Phillips, Kandace Bellofatto, Ruslan Buckley, Megan Seal, Jeff Kimble, Julie Johnson, Jasmine Elberfeld, Jacob Turskey, Jordan Rich, Samuel Webster, Addison Kubatko, Leah Lawrence, Elizabeth Anglin, and Greta Ruekgauer.** Congratulations!

Artwork may be viewed during normal BOE office hours (8:00a.m.-4:00p.m.), however, you may wish to call to confirm. The main switchboard number is: 410-751-3000.

THESPIAN SOCIETY

Century High School's International Thespian Society Troupe is pleased to announce that it had a successful first Trick-or-Treat-So-Kids-Can-Eat canned food drive. Thanks to the generosity of the Century community, Century's Thespian troupe was able to donate 205 pounds of canned and dry food to Carroll County Food Sunday. We wish to thank all those who participated and all those who donated food to help out this worthy cause. The ITS is the honor society for excellence in theater arts.

FRENCH NEWS

Any student currently taking French or who will be taking French in the spring of this school year is eligible to attend the annual McDaniel French Day on March 8, 2011. Students should see Madame Glabach to sign up.

VETERANS DAY ASSEMBLY

Century H.S. will be holding their 5th Annual Veterans Day Ceremony on Thursday, November 11, 2010 from 8:00 am- 12:00pm. A continental breakfast will be served to veterans from 8:00-9:00 followed by an assembly to honor the veterans from 9:15-10:15. Following the assembly we will open the living history museum for students to see veterans' artifacts and hear their stories from 10:30-12:00.

CENTURY KNIGHTS LEO CLUB

Leo Club members are responsible for helping their club come up with new projects, new ways to get involved, and help functions run smoothly. Also you are required to have two service projects per semester to remain a part of the club. Members have the opportunity to head service projects and get even more involved in the community if they choose to do so.

SERRV, located at the Bretheren Center in New Windsor, MD, is "a nonprofit organization with a mission to eradicate poverty wherever it resides by providing opportunity and support to artisans and farmers worldwide." They buy items from underdeveloped countries for more than they would get otherwise, so they can survive and hopefully their economy will grow. When we volunteer at SERRV, we package these items for when they are shipped out to customers so we can help SERRV save money because we are volunteering our time. The next date we will be attending SERRV will be on November 23, 2010 jointly with FBLA, the Future Business Leaders of America. Contact Mrs. Brewer if you're interested in attending.

Leo club is hoping to be involved in a locker fairy project with Linton Springs. This is a service activity where we purchase things for families that cannot afford it. We then place it in the students' lockers with a note saying where it came from. We will be participating in this in November. Please contact Olivia Tiburzi if you are interested in being part of this fun and worthwhile activity.

The Leo Club will also be sponsoring a family for the holidays. For more information contact Mrs. Brewer or Nick Pezza (Leo Club President).

Class of 2013



Fundraiser!: Selling Gertrude Hawk Chocolates and selling Mixed Bag Designs...

Start date: Weds 10/27/10

End date: Weds 11/17/10

Delivery date: TBA

We made \$1000 from Grilled Sticky's! AWESOME!! Lets try to make double that from these fund-raisers!!

Attention Parents! We are asking each parent to head up a restaurant fund-raiser night: please email Ms. Barnold or Mrs. Brewer to set up a restaurant and a date!

Qdoba: 11/9/10

Panera: 11/29/10

Class Sponsors: Mrs. Amy Brewer [a_brewe@carrollk12.org](mailto:abrewe@carrollk12.org) Ms. Alex Barnold anbarno@carrollk12.org

Keep up to date with meetings/times/events at

<http://members.thinkport.org/members.aspx?MPTUserLogon=anbarno§ionID=281bf180-8338-443d-8158-7516f50bb13b>

Century Drama Booster News

Music rehearsals for the spring musical, CHITTY, CHITTY, BANG, BANG will be on November 17, 18, and 29th in the vocal music room, F105 at 3 p.m. All students interested in auditioning for the play MUST attend at least one of the three rehearsals to learn the musical selections for auditions. Student may attend all 3 sessions if they wish.

Auditions will be held December 1 for monologues, December 2 for songs and December 6 for dance. Students must attend all auditions to be considered for the cast of the play. For more information, please contact Mrs. Cathy James at cdjames@carrollk12.org.

The next Drama Booster meeting will be Wednesday, December 1 @7pm in the Century Media Center. Any and all new members are welcome. For more information, please contact Drama Boosters Secretary, Kendra Roberts at Kendra.roberts@verizon.net or the Century Drama Boosters website www.centurydrama.com.

Century High Athletic Boosters

Athletic Booster meetings are held the second Monday of each month, in the Media Center at 7:00.

Athletic Director: Randy Pentz
President: Tom Howes
Vice President: Sue Pluta
Treasurer: Rudy Linde
Secretary: Amy Hunter
Concession Manager: Joan Spindler
Apparel: Dave Schaffer

Website address: www.chsathleticboosters.com

You can get information on our latest fundraisers and major purchases to support the Century Athletic Department.

Athletic Schedules on line: www.highschoolsports.net

You can follow the Knights' sports teams this season. Keep track of the football, soccer, field hockey, volleyball, and cross country teams this fall.

Special Project 2010: Knights Never Quit

The Athletic boosters are supporting and promoting No Texting or talking on your cell phone while driving. Get your free, Knights Never Quit – Except while driving window sticker.

Century Discount Cards: 18 Local businesses have offered discounts or free product. Only \$10.00, can be used multiple times at the same business, good till 9-2011

**Banner Program Century High Stadium-
Stadium Patio Project – Ongoing all year**

Bull Roast: 'Please mark your calendars for the 3rd Annual
Bull Roast - Saturday, February 26, 2011.

• **Athletic Booster Membership**

(Return to front office for the Booster mailbox. You will be informed of meetings and special events through E-Mail.)

Name _____

Address _____

Phone Number _____

E-Mail _____

Please enclose check payable to CHS Athletic Boosters:

- Discount Card for \$10
- Booster Membership \$20
- Discount Card and Membership \$25



www.knightsmusic.org

The Music Boosters is a parent-run organization that provides support and funding for all of the Century High School music programs, both vocal and instrumental.

News & Events

- On Saturday, October 23rd the Century Marching Knights hosted 10 bands from around the region at the school, in USSBA competition. Schools from as far away as Springfield VA and southern MD competed in the final competition of it's type prior to regional and national championships. Our band took first place for their division, continuing a long tradition of protecting the home turf!
 - Hosting a competition of this magnitude requires significant financial support and countless volunteer hours. The Music Boosters would like to thank our major commercial sponsors, Coffey Music and Chesapeake Promotions, as well as the many volunteers who devoted their day to supporting the music program!
- On Saturday, October 16th the Century Marching Knights captured their **3rd consecutive Maryland State Championship** at Towson University.
 - The Knights performed their 2010 field show "Dystopia" , capturing top award for music, visual, color guard, percussion and overall effect. The winning tradition continues!
- **Lion King NYC Trip:** Our chorus took 100 members to Broadway on Friday, October 22nd for a performance of the Lion King. They also participated in a theater workshop conducted by members of the cast! Thanks to Ms Adelman and all the parent volunteers who chaperoned!
- **Century's Got Talent Dress Rehearsal** (auditorium): We are excited to host **Century's Got Talent!** Thanks to all of the excellent talent who auditioned for this fantastic evening. Those who audition successfully and were picked to be in the show are required to be at dress rehearsal on Dec. 3rd, 3-9:30. Questions should be directed to Ms. Adelman at maadelm@k12.carrollk12.org the show will be Dec 4th @ 7PM, cost is \$8/person in the auditorium!

Music Boosters Meeting

The Century High School Music Boosters meet every first Thursday of the month at 7:30 pm in the chorus room. Please join us!

Great Lakes Scrip Gift Card Program

This program allows you to purchase commonly used gift cards to local restaurants (Chilis, Pizza hut), retail establishments (Kohl's, Home Depot), Grocery Stores (Martins, Safeway) while supporting the music program at Century. **THIS FUNDRAISER IS OPEN TO ALL FAMILIES OF CENTURY.** Please contact Tess Carroll at dtecarroll@verizon.net for further information.

PTSO NEWS

Spirit is alive and well at Century High School! Homecoming week was a wonderful example of the pride our students, faculty and parents have in our school. Thanks to everyone who helped to make the week fun for everyone!

The PTSO held a very informative meeting in October about the new grading policy in the county. Mr. Cockley presented the way it is designed to work, and Mr. Steve Johnson, our county Assistant Superintendent of Instruction, was on hand to help us better understand the reasons for the new policy. Our next meeting is scheduled for Tuesday, November 16th in the Media Center at 7 pm. The topic will be a continuation of our discussion on the grading policy and will include information about the new home access center. This will help parents learn what is available and what we can expect from teachers. So if you missed the October meeting and would like to have your questions answered, here's another chance! We will also discuss any "Hot Topics that affect Century". As always, the PTSO meetings are open to issues that parents, staff, and students wish to address. Everyone is welcome and encouraged to attend. We always have a lively discussion, and you can be assured that your voice will be heard!

Don't forget that you may still join the PTSO at any time. Just obtain a form from www.carrollk12.org/chs/parents/ptso/default.asp and submit the form and \$10 per family to the PTSO box in the main office. Also, **Entertainment Books** are still available. The proceeds from this fundraiser go directly for the benefit of Century High School. Please contact our treasurer, Janet Jacobs at janetj@aol.com, and she will make sure you get one. These make wonderful holiday gifts for friends and family. All of the coupons contained in the book will make for a very enjoyable year for those who enjoy going out, but feel guilty when spending too much money! The books really pay for themselves if you use them just a few times. Please see the letter in this newsletter that explains how we can raise more funds through the Entertainment Book program. Using this method, Entertainment Books can be ordered by or for people in other locations as well.

This past month, our PTSO was able to purchase a few new items for our school. We bought a new electronic hole punch and three new manual ones for the academy workrooms. We also purchased two wireless headsets for the phones that our secretaries use in the main office so that they can multitask in a much more comfortable way! Lastly, the Hall family donated a small refrigerator for one of the academy rooms for teachers to use. Thank you for your support of the PTSO. These items help our staff and enhance our school, and they are very much appreciated.

Trish Capparelli
President

Hi Century Parents,

For nearly 50 years, Entertainment has been helping people save in tough economic times with the big Entertainment coupon book. Today, more than ever, people realize that the premium 50% off and 2-for-1 coupons found in the book help them save on everyday essentials right in their neighborhood. You can read more about it at www.entertainment.com.

The Century PTSO has been selling Entertainment books as our primary fundraiser. Here is a great way to help your PTSO raise funds for technology, scholarships, and teacher/student support:

You can send emails to anyone in your email contacts asking them if they would like to order an Entertainment book for their city.

Go to www.fundraising.entertainment.com

Go to "Seller Section"

Register as a seller

Group ID is 894026

This is a way to send possibly hundreds of emails to friends and family out of town who could help support our fundraiser. The Century PTSO will automatically be credited with the sales.

We thank you in advance for your support!

Janet Jacobe
PTSO Treasurer

Unnecessary Antibiotic Use/Prescription and Antibiotic Resistance-It is a Problem!

A recent review of medical practices in the United States has determined the need to reduce the unnecessary use of antibiotics in America. This study demonstrated there is a public health crisis related to higher rates of bacterial antimicrobial resistance, and the overuse of antibiotics. This practice is directly linked to resistant strains of bacteria such as the rise of MRSA (Methicillin-Resistant *Staphylococcus Aureus*) and VRE (Vancomycin Resistant *Escherichia coli*) in America.

Inappropriate antibiotic prescribing, as well as inappropriate usage of antibiotics contributes to the problem of higher bacterial resistance. A correlating study established more than half of children with sore throats seen in doctors' offices received antibiotics, a rate significantly higher than the true occurrence of bacterial pharyngitis (sore throat). Furthermore, more than one quarter of these children received an inappropriate antibiotic. This means, often, doctors' common practice is to prescribe antibiotics when a true bacterial infection is not present or the antibiotic prescribed is not effective against the bacteria present. It is this practice that leads to resistant strains of bacteria and the antibiotic dose not kill the bacteria instead it creates molecular changes within the bacterial cell creating this resistance to antibiotics.

In 1945, shortly after hospitals began using penicillin, scientists discovered resistant strains of *Staphylococcus aureus*. Another drug called methicillin came out in 1960, but within one year there were strains resistant to that as well. Ciprofloxacin was introduced in the 1980s, and was found to kill 95 percent of methicillin-resistant *S. aureus* (MRSA). Within one year, however, 80 percent of those strains had become resistant to Ciprofloxacin as well. Today, more than 95 percent of *S. aureus* strains are penicillin-resistant worldwide, and more than half of all those strains are also resistant to methicillin. Researchers have recently discovered new form of staphylococcus that is invulnerable to virtually all forms of antibiotics available today. An October 2007 report in the *Journal of the American Medical Association (JAMA)* found that more than 90,000 Americans contract potentially life-threatening infections every year from MRSA. The study estimates propose MRSA may kill more than 18,000 people yearly in the United States, which would surpass the number of yearly deaths caused by AIDS.

Dr. Jim Wilde, pediatric emergency medicine and infectious disease physician at the Medical College of Georgia states, "Ninety to 95 percent of all infections are viral or low-acuity bacterial infections such as ear infections or sinus infections." So when considering the need for an antibiotic from the doctor, keep in mind for uncomplicated colds, antibiotics are not necessary; bronchitis, less than 10 percent of patients require antibiotics; sore throats, possibly up to 10 to 15 percent of these patients need an antibiotic for treatment. And, when an antibiotic is prescribed, remember, it is imperative the dosing directions are followed and the entire prescription is completed as prescribed.

Reference:

Science Daily. Study Explores Antibiotic Misuse. Retrieved January 14, 2009, from

<http://www.sciencedaily.com/releases/2005/01/050111162856.htm>