

Home of the Knights!

A MESSAGE FROM THE PRINCIPAL...

This newsletter will arrive to you on our first snow day of the year! I am sure students are excited for this day; I hope that you have a chance to enjoy the snow after shoveling out. Also, with this snow come dangerous roads and icy conditions. Please remind students to leave extra time in their schedule so they arrive to school safely. Our parking lots and sidewalks are clear thanks to the tremendous effort of the CHS Custodial team! They did an outstanding job getting us ready in case schools were open today. With our snow piles will come ice melt; so please be careful on the parking lots. It is tough to see the ice first thing in the morning.

Hopefully, school will reopen before the winter break. Yes, we do have a lot on the horizon and want to make sure students are able to touch base with their teachers about how to best prepare. Students taking High School Assessments (January 11-14) only have 6 ½ days to go – so getting practice materials to review over the break is extremely important. Our content areas have plans to work with students during Flex Period as an additional help and we want to be sure students know when and where to go. We hope that parents help guide students in these last few days so they do their very best on the HSA's.

This level of effort will enable CHS students to continue earning high recognition for their academic accomplishments. For example, the *Washington Post* annual rankings of Advanced Placement will be published soon, and we expect to see our students continue to improve. Our school newspaper, *Century Scroll* (Ms. Sharon Adedeji, Advisor), recently earned national recognition as a "Top-Scoring" newspaper by the American Scholastic Press Association. The Century FFA recently received a \$5000 grant from their national organization for a "Living to Serve" project; a cooperative venture with Springfield Hospital. There are outstanding examples of student success everywhere you turn and we hope to be able to highlight more!

We had a tremendous fall season, highlighted by our 2009 STATE CHAMPION Girls Cross Country team; with Maura Linde (11th) earning the individual title to cap off her successful run! We hope that you enjoy your holidays and come back to school renewed and refreshed so we can continue the tradition of success at Century High School!

We wish you good health, happiness, and peace this holiday season!

Mr. Drew Cockley
Principal

December / January Calendar

- Dec 23:** Early Dismissal – 11:50am (Winter Break begins)
- Jan 4:** Schools Reopen
- Jan 6:** Junior Class Meeting – planning for Senior Year!
- Jan 8:** SKI Club – first trip!
- Jan 11:** BIOLOGY High School Assessment
- Jan 12:** ALGEBRA High School Assessment
- Jan 13:** Students receive course selection materials for 2010-2011 school year.
GOVERNMENT High School Assessment for 10-12th grades only.
8th Grade Parent Night at CHS @ 7:00pm
- Jan 14:** GLOBAL PERSPECTIVES (English) High School Assessment
- Jan 15:** Final Exams – periods 1A, 3A
Ski Club trip
- Jan 18:** No School – Martin Luther King, Jr.’s birthday observed
- Jan 19:** Final Exams – periods 1, 1B, 3, 3B
PTSO Meeting @ 7pm
Regional Music Concert @ 7pm
- Jan 20:** Final Exams – periods 2A, 4A
- Jan 21:** Final Exams – periods 2, 2B, 4, 4B
- Jan 22:** End of the 2nd Quarter – 11:50am Early Dismissal for Students
- Jan 25:** No School – Professional Planning Day for Teachers
- Jan 26:** First Day of 3rd Quarter – new classes for students.
- Jan 27:** Course Selection Materials due from students.
- Jan 29:** Report Cards Distributed to Students
Ski Club Trip

Attention Class of 2010: **Scholarship Newsletters!**

The December issues of the Senior Scholarship Newsletter and the Underclass Scholarship newsletter have been published. Both can be found on the school website at: www.carrollk12.org/chs/ and on the Carroll County Public School website at: www.carrollk12.org/about/resources/default.asp

Friends for Life Club

The third meeting for Friends for Life Club was held on Monday, November 16th. We discussed dues to raise money for the club and we worked together to create a colorful banner for club picture day. We also discussed participating in the upcoming Polar Bear Plunge, taking place on Friday January 29th at Sandy Point State Park. Each student is responsible for raising \$35 for Special Olympics and the students will go into freezing cold water. The Friends for Life Club choose Alec Lally to be the team captain of our school group, and will be using the “Century Knights” for their team name.

On November 18th we went to South Carroll High School for “Inclusion Day” where the Friends for Life Club socialized and participated in friendly competition.

The Century Art Department

...is very proud of our art students. We were able to honor the following student’s by displaying their artwork at The Board of Education in the month of November.

Brandon Ivie-9
Grace McLaurin- 10
Rebecca Geppert- 10
Jake Seman- 12
Rebecca Redman- 10
Lacey Davis- 9
Blake Carroll- 10
Anna Breon- 12
Cole Jones 10
Lauren Siminski 10
Chris Romaine 10
Emily Costolo 10
Rob Singleton 11
Emily Illig 12
Victoria Manchias 12
Sarah Respass 12
Cianna Lawrence 12
Megan Quigg 12

Jeff Kimble 10
Kristine Sung 12
Kristy Lennon 11
Hey Hee Choi 11
Dana Kobylenski 12
Kandace Bellofatto 11
Chris Jaeger 12
Elizabeth Anglin 12
Eleni Bontzos 12
Alyssa Castellano 12
Katherine Gagnon 12
Elizabeth Hardin 12
Vu Le 11
Kelsey Meadows 12
Ashley Ryan 12

Carroll Community College

December 2009

Important Fall 2009 Dates – Concurrently Enrolled Students

Final Exams December 12-18

Term Ends December 18

Winter Break Begins December 19

College Re-opens January 4

Final Exam Schedule

Final Exams are held at different times than your regularly scheduled class time. Click here for the full schedule <http://www.carrollcc.edu/courses/credit/schedule/exams/default.asp>

Spring Registration!!

Spring Registration is on-going. Concurrent Students should be their guidance counselor to receive approval now. **Continuing** Concurrent students (enrolled this fall), still require approval to enroll in the spring. **New** students for spring should be scheduling their placement tests now. They can call the testing center to schedule at 410.386.8450. Once they have tested, they will sign up for a concurrent first advising session (they have the new virtual option) and then register once they receive their test results.

Upcoming Events

High School Testing Dates (juniors considering Concurrent Enrollment next year)

Friday, January 22nd – 1:00 p.m.

Saturday, January 23rd – 9:00 a.m. **and** Noon

Monday, January 25th – 9:00 a.m. **and** 1:00 p.m.

Presidents' Day Open House – Monday, February 15th, check in: 8:30 – 9:00 a.m., Program 9:00 a.m. – Noon.

High school students and their parents are invited to join us at this special event. Featured sessions include: What students should expect during their first year of college; transfer options- how to plan for the next step; exploration of career/major, and program options (opportunity to talk with faculty); admissions & financial aid process; and tour the college.

To register for the open house, call 410.386-8430 or e-mail openhouse@carrollcc.edu.

No snow date scheduled for this event!!

To register for any session above e-mail: admissions@carrollcc.edu or call 410.386.8430.

Placement Testing at Carroll Community College

High School juniors considering Concurrent Enrollment during their senior year and seniors planning to attend Carroll once they graduate, can take the college placement tests during the month of January. This will allow students to receive their results and then schedule their high school senior classes appropriately or schedule their college courses early. Priority registration for the fall term at Carroll begins in mid-April and this is the best opportunity to register for both the class and time slot that they want.

We have scheduled special high school testing dates at the College. They are scheduled days off (or ½ days) for your students. As always, if students are not available to test during these dates, they can arrange for another time at the College. **Students are required to contact** the Testing Center at 410.386.8450 to schedule their testing time slot whether it's in January or at another time. We will be unable to accommodate anyone that does not have an appointment. **Test dates and times** are listed below:

Friday, January 22nd – 1:00 p.m.

Saturday, January 23rd – 9:00 a.m. **and** Noon

Monday, January 25th – 9:00 a.m. **and** 1:00 p.m.

Don't forget to prepare before you test!

Students need to visit our website so they know what to expect when they take the placement tests <http://www.carrollcc.edu/services/testing/placement/default.asp>. The questions cover an array of topics, if it has been a while since you have taken a **math** course we recommend you review before coming in to take the test. Please visit the Accuplacer section of the College Board website where you can practice with sample questions <http://www.collegeboard.com/student/testing/accuplacer/preparation-sample.html>.

College Tours

Mondays at 6:00 pm and Fridays at Noon

Come and tour our state of the art facilities. We keep growing and changing. Classroom Building number 4 will be open for classes this spring! You do not want to miss this opportunity if you are considering attending Carroll. All tours are led by student ambassadors who can answer questions from the student perspective. Registration is not required. Check in at the Admissions, Advising & Counseling Center, Room A-102. Tours leave promptly and run approximately 30-45 minutes.

Career Connections – STEM Academy announcement

The Science and Engineering Apprentice Program (SEAP) provides an opportunity for students to participate in research at a Department of Navy (DoN) laboratory during the summer. Students must be rising 10th graders to recent 2010 Grads. The goals of SEAP are to encourage participating students to pursue science and engineering careers, to further their education via mentoring by laboratory personnel and their participation in research, and to make them aware of DoN Research and technology efforts, which can lead to employment within the DoN. SEAP provides competitive research internships to approximately 250 high school students each year. Participating students spend eight weeks during the summer doing research at approximately 15 DoN Laboratories. **This is a PAID internship for 10th grade-recent 2010 Grads.** <http://seap.asee.org/>.

December News from the PTSO

Great news! All board positions are currently filled. Check out the school's web-site for contact information.

The Staff Dinner was a great success. Much gratitude is sent to those who cooked during this busy week. The CHS Staff loved everything!!

Entertainment books are now on SALE! Reduced to \$15 per book. Sales will be at home Basketball games and Music Concert nights in December. If you can not make it or do not see us, please feel free to contact me, Deanne Caracciolo at 410-552-3064

GREAT new event sponsored by the PTSO. We will be holding a Scrapbooking Extravaganza in February. Join us Saturday, 02-06-2010 from 10:00am-6:00pm. A light lunch and prizes will be included for a fee of \$20.00. Demo Events will be available for an additional fee.

Contact Ami O'Hara at 410-795-1375 for additional information or to reserve your table for your group of friends.

Drama Boosters News

Pre-Audition Music Rehearsals for "The Wizard of Oz" were held December 7, 8 & 9, 2009 at 3:00pm in the Vocal Music Room. Students ***MUST*** attend at least one rehearsal in order to audition for the play. Students were taught one of the audition songs during the rehearsals.

Recap: Auditions for the Spring Musical "The Wizard of Oz" were held December 14, 15 & 16, 2009 at 3:00pm in the Auditorium. December 14 will be the music audition, December 15 will be the monologue audition and December 16 will be the dance audition. Callbacks will be December 18. Students should prepare a one minute scripted monologue from a published playwright, and one song from music practices. During the dance audition, students will be taught a dance routine with which they will audition. More information can be found at www.centurydrama.com.

Set Construction volunteers are needed for the spring musical, *The Wizard of Oz*. ***No experience is necessary!!*** Please contact Jeff at 443-609-4514 or jefmeyer@comcast.net if you are interested in helping.

Mrs. James is looking for a motorized or electric scooter or small ride-on vehicle to borrow for "The Wizard of Oz." The vehicle would be needed for the months of March and April. If you have one you can loan the drama department, please contact Mrs. Cathy James at cdjames@k12.carr.org.

Century High Athletic Boosters

What a **GREAT** season our Fall athletic teams have had! But now it's time to move indoors for a few months with Basketball, Indoor track and Wrestling. Your continued support of our organization, meetings, and events is greatly appreciated. Athletic Booster meetings are held the second Monday of each month, in the Media Center at 7:00.

President: Andrea Brandt
Vice Presidents: Theresa Kasper
Treasurer: Wayne Straitz
Secretary: Amy Hunter
Concession Manager: Joan Spindler
Apparel: Shelley Sweeney
Athletic Director: Randy Pentz

Website address: www.chsathleticboosters.com
Athletic Schedules on line: www.highschoolsports.net
Questions: anbrandt@comcast.net

CHS Booster events and opportunities...

- Winter indoor sports got underway Dec 4th with Boys and girls Basketball and Indoor track. Be sure to check highschoolsports.net for the schedules and come out to support our Knights!!
- **Bull Roast** – Yes we will be doing it again! It will be **Mar 6, 2010**, mark your calendars now!! Check the website for more details.
- **Apparel Sales** – For more info: mnsweeney@verizon.net
- **Concessions** – Thank you to all who have and continue to help at games. We most definitely appreciate your help! For more info: wjspindler@aol.com
- **Stadium Patio Project** – This is an ongoing project. Order a brick with your child's name, number, or graduating year. Order forms and information are available on the website, at home games, and CHS Booster events. For more info contact Tom Howes at: howessports2@comcast.net

Happy Holidays!!

Army JROTC

"Motivating Young People to be Better Citizens"

December 2009 Newsletter

Senior Army Instructor
LTC (Retired) Lee Mitchell
wlmitch@k12.carr.org

Army Instructor
1SG (Retired) Walter Sitarek
wasitar@k12.carr.org

Knights Battalion Highlights

- In early October we conducted a very successful fundraiser. The cadets earned over \$2000.00 for the program, selling "World's Finest Chocolate" bars, gummy bears, and chocolate covered raisins. We were also recently awarded a grant from the Wal-mart Corporation for \$700.00.
- The Color Guard and Corps of Cadets marched in the Homecoming parade and attended home football games. Of course the Raiders did pushups each time our team scored, and our team scored often.
- On November 7th our newly formed Drill Team traveled to Garret County, MD to compete in a Drill Meet for the first time in program history. They established a very high precedent by scoring 1st place in 4 out of 5 events and winning the overall competition. That deserves a resounding Hooah!!
- The cadets helped plan and host the annual Veterans' Day commemoration at CHS held on November 11th. In addition to providing the Color Guard, cadets served as hosts and escort personnel for visiting veterans. They were joined by the Patriot Club from Linton Springs Elementary, who led the audience in the Pledge of Allegiance.
- On November 17th the cadets traveled to Fort A.P. Hill, VA to train with three other Maryland JROTC programs. The cadets tested their leadership ability, problem solving skills, and ability to work as a team on the leadership Reaction Course. They finished the day negotiating a physically and mentally challenging obstacle course.



- We started the month of December with a trip to Camp Frettered, MD for a day of adventure training in Rappelling and constructing/crossing a one-rope bridge. The cadets rappelled down a 34' wall, a 100' wall and free rappelled from a helicopter suspended 80' up. We were joined by six ESOL students (who all fully participated and formed lasting memories) and four CHS faculty/staff.



State of the program:

We are currently facing our biggest challenge yet. In late October we were informed that our JROTC program has been identified for possible disestablishment. The disestablishment is based on consistently low enrollment. Each JROTC program is expected to enroll a cross-section of at least 10% of the school's student population. The minimum acceptable enrollment is 100 total cadets per school year. Since our enrollment has been on a steady decline for the past three years, we were informed that unless we can enroll approximately 70 cadets for next semester and show that the school is committed to maintaining at least the minimum number of cadets in the program, the disestablishment would most likely occur in June 2010.

1SG Sitarek and I will continue to actively recruit and retain quality cadets for this program. However, I am also asking you to help. If your child is not in JROTC, please consider having them enroll. It is by far one of the most challenging and rewarding programs a high school student can participate in. I will emphasize once again, that **JROTC is not a recruiting agency for any armed services**. One of our explicit goals is to encourage students to graduate high school and continue their education. Simply put, JROTC prepares students to confidently and successfully face the challenges of high school and life after high school.

The mission of the JROTC is to motivate young people (*high school students*) to be better citizens. We do this by:

- Building students' capacities for life-long learning
- Teaching them to communicate using verbal, non-verbal, visual, and written techniques
- Encouraging them to take responsibility for their actions and choices
- Showing them the importance of doing their share as good citizens in their school, community, country, and the world
- Requiring them to treat themselves and others with respect
- Helping them to apply critical thinking techniques.

Though our numbers are low, we are reassured by the quality and caliber of our cadets. In just 4 years they have experienced more successful accomplishments than many programs twice our size and age. Our cadets are truly outstanding!

If you are interested in your child participating in JROTC, please contact his/her guidance counselor and ask for your child to be placed in Leadership Education and Training I (LET 1). If you require further information, please contact me or 1SG Sitarek. V/R, LTC Lee Mitchell, SAI

CLASS OF 2013.... *Setting the pace!!*

Happy Holidays!

We have begun our Fundraising efforts. Our goal is to try and raise approximately \$5,000.00/year. Thank you to everyone who participated with the Gertrude Hawk fundraiser! Our profit of \$2432.75 makes us that much closer to our yearly goal. Our total sales were 4,865.50, Kudos, for a job well done!!

Advisory Winners:



Mr. Sanner's Advisory total sales= \$1145.50.



Mrs. Haak's Advisory total sales= \$610.00



Looking Ahead:

We have 2 other fundraising events "in the works" as well as several Restaurant nights in the upcoming months. Please email Mrs. Haak or Ms. Barnold, if you have suggestions for other ideas that we can use to raise money for our class. Remember to look at our websites weekly for information as events come together.



<http://members.thinkport.org/trhaak>



<http://members.thinkport.org/anbarno>

If you would like to join our Class of 2013 Booster team, , please contact Mrs. Haak (TRHAAK@carrollk12.org) or Ms. Barnold (ANBARNO@k12.carr.org)

Thanks,

Mrs. Haak & Ms. Barnold



Not *My* Child

What do I do . . . ?

December 2009

OUR TEENS AND PRESCRIPTION DRUG ABUSE



Adolescents' abuse more prescription drugs than any other illicit drug, except marijuana; more than cocaine, heroin, and methamphetamine combined. A study released in April, 2005 revealed an alarming one in five teens (4.3million) has abused a pain reliever to get high. The most commonly abused prescription drugs include **painkillers** like Vicodin, OxyContin, Percocet, and Tylenol with codeine; **anti-anxiety medications** and **muscle relaxants** like Paxil, Xanax, Valium, and Soma; **sleeping pills** like Ambien; and **stimulants** (used to treat ADD/ADHD) like Adderall, Ritalin, Dexedrine, and Concerta; all of which are either taken in pill form at higher-than-prescribed doses or crushed and snorted. For the first time, teens are more likely to have abused a prescription painkiller to get high than they are to have experimented with a variety of illicit drugs. Every day, 2,500 kids age 12-17 abuse a prescription painkiller for the first time. More people are becoming addicted to prescription drugs; drug treatment admissions for prescription painkillers increased more than 300 % from 1995 to 2005.

Adolescents are turning to prescription drugs because many believe the myth that these drugs provide a "safe" high because they come from a pharmacy. Especially troubling is that the majority of teens who abuse prescription drugs say they are easy to get and are often free. We may be unintentionally providing our teens a new way to get high. Most teens who abuse prescription drugs claim they get them from home, or from friends and relatives. It is important for parents to recognize that not all drug threats to their children come from the street corner.