

A MESSAGE FROM THE PRINCIPAL...

Principal's Message – January 2009

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It is hard to believe that the year is halfway over. Exams have started, High School Assessments are finished, and students are getting ready to switch courses next week. This is a great time to review with your student their progress in school and set goals for the rest of the year. Please let us know if we can help in any way!

As we prepare for the new quarter to begin, we will recognize accomplishments of many students. Students who achieved honor roll recognition (page 13 of our student handbook explains all 4 categories!), perfect attendance, and special accomplishments in the first semester will be honored during our "Empowerment Assembly", during the "U-turn" Breakfast, or at an Honors Breakfast. We are proud of our Knights who continue to set a high standard of academic achievement!

We are also preparing for next school year by determining what courses to offer (and consequently, where teachers will be needed) ~ students have course selection materials which are due January 30th to their advisor. Please review these materials to make wise decisions about the four-year plan. ALL parents and students should attend an Advisory Conference to confirm selections for next year. Conference Nights are Feb 3 (with a snow date of Feb 10) and Feb 12 (snow date Feb 19). Have you called our main office to set up your appointment?

As the first semester winds down I've had the chance to see final projects in many classes. One I'd like to highlight is the work being done by our 9th grade students in their Seminar classes. The final project in Seminar asks students to put together all they've learned in one Career-based Research Project. Students explain why they selected an Academy and then present their work in an electronic format. The scope of this course is to provide opportunities for students to learn how to become self-directed learners and take full advantage of all the programs that Century has to offer. These electronic portfolios are a prime example of how students can showcase their work; the quality of their work is tremendous!

Sincerely,
Drew Cockley
Principal

Your Teen's Latest High Might Hit Closer to Home Than You Think.

Cough and Cold Medicines from the Medicine Cabinet —A Convenient New High for Your Teen.

Many parents have no idea that teens are abusing these products. But 1 in 25 eighth graders abused over-the-counter (OTC) cough and cold remedies in the past year.¹ And cough and cold season means many teens have easier access to these products.

Like prescription drugs, OTC cough and cold remedies are often found at home. In many areas, teens can buy them at supermarkets, pharmacies, and convenience stores.

But that doesn't make them safe to use without proper supervision. Teens underestimate the dangers of abusing OTC drugs. Many contain Dextromethorphan (DXM), a cough suppressant, which can cause delusions, loss of consciousness, and even death when taken in excessive amounts. And taking these drugs with alcohol can make the effects even more dangerous.

Parents can help stop abuse of these products with three steps:

1. *Safeguard* your prescription and OTC drugs, especially those containing DXM. Monitor quantities and control access. Ask friends and family to do the same.
2. *Properly conceal and dispose* of old or unused medicines in the trash.
3. *Set clear rules* for teens about all drug and alcohol use, including never taking medicine without permission and always following proper dosages. And be a good role model when it comes to taking your own medicines.

Watch for warning signs your teen is using, such as empty bottles or packages and behavior changes, such as mood swings, or changes in appetite or sleep habits.

SLANG TERMS TEENS ARE USING TO DESCRIBE COUGH AND COLD REMEDIES:

“DXM”
“ROBO”
“SYRUP” “TUSSIN”
“DEX”
“SKITTLES”
“TRIPLE C”
“RED DEVILS”

You can keep your teen safe and drug-free. To learn more about OTC drug abuse and what you can do to stop it, visit www.TheAntiDrug.com or call 1-800-788-2800.

¹2007 Monitoring the Future Study, University of Michigan, National Institute on Drug Abuse
Office of National Drug Control Policy

STUDENT SUPPORT PROGRAMS

Century High School looks to provide a challenging experience for all students in order to prepare them for life after high school. In doing so, we recognize that not all students will learn at the same rate, or at the same time. Different support programs are available to address the diverse needs of our student population and are available throughout the year. Please do not hesitate to contact our Guidance Office at (410) 386-4408 if you would like information about any of the following: AM Help, Knight Support Program, NHS Tutoring, Peer Facilitators or Online Courses.



Work Permits

Work permits are no longer available in the Guidance Office. They can now be found at this website: <http://www.dllr.state.md.us/labor/empm.shtml>. Follow these directions (which can also be found on the website):

1. Print a hard copy of the work permit application. Complete the minor's information section. It is important that the minor also sign and date the application.
2. Take the application to the employer to complete the employer's section.
3. Have the parent or guardian review, sign and date the application.
4. Using the completed hard copy of the application the minor should log back on to the website, complete the online application, save the information and print the data receipt.
5. When the minor has completed their part of the work permit process, they should then take the completed hard copy of the application, the data receipt, and **proof of age** such as a birth certificate, valid driver's license/permit, state identification card, passport or any other valid government issued document that provides the date of birth to the issuing officer. The issuing officers are the secretaries in the Guidance Office.

CHS STUDENT DRIVER TRAINING PRESENTATION

Why: Students who wish to purchase a CHS Parking Pass must attend the driver training presentation. The class is intended to make students aware of the safe driving habits and the precautions needed while driving on and off school premises.

Where: CHS Media Center

When: January 27, 2008

Time: 6:00 pm



HELPFUL TIPS IN CHOOSING COURSES

AP STATISTICS

AP Statistics is the most relevant and exciting math course at CHS. It is a rigorous journey into the real-world applications of mathematics. Not only is this course applicable to nearly every profession, a statistics course is required for nearly every college major. AP Statistics will help you understand why things happen. Why was your favorite television show cancelled? Is there a relationship between height and life expectancy? Does facial hair make you smarter? When you listen to the news, read a newspaper, or watch ESPN, the world of statistics is all around you. This course will help you to understand these statistical concepts and how they apply to our everyday lives.

AP CALCULUS

Do you plan on majoring in a math or science related field in college? Would you like to earn college credit for all of the hard work you have done in your high school honors math courses? Then AP Calculus is for you! This course is applicable to all science related fields, especially engineering and physics. Interesting labs and fun activities are included as a break from the hard work. This course will help you see how calculus is related to many of the concepts you have learned in other math and science courses.

SCIENCE PROGRAM EXPLAINED...

The science program at Century begins with our ninth grade students taking Conceptual Physics, while our honors students take Honors Conceptual Physics in the fall semester and Honors Conceptual Chemistry in the spring semester. Then in 10th grade, honors students are ready to take Honors Biology, while our academic students take Chemistry I in tenth grade and Biology I in eleventh grade. If a student has a strong interest in science or is in an academy related to the sciences such as STEM and HHSS, it would be beneficial to take more than one science course in a year so there is an opportunity to experience our science electives. Having finished the science requirements in tenth or eleventh grade, there is plenty of room for students to continue to explore the fascinations of science in some of our elective courses as well as our Advanced Placement courses.

Honors Chemistry II

Chemistry II is a college preparatory class that is strongly recommended for any student that is considering a two or four year college. The class content covers many freshman college chemistry topics including Chemical Kinetics, Equilibrium and Organic Chemistry. However the class is also designed to provide practice for study and time management skills. There is daily homework in addition to a number of long term assignments. Students will be given the opportunity to apply concepts in class in such a way that they can showcase their overall knowledge of the material. This course promotes higher order thinking. The Course is a prerequisite for AP Chemistry and Human Anatomy. The course is strongly recommended for students interested in taking Science Research, AP Biology or AP Physics.

Honors Science Research I and Science Research I

Science Research is our STEM (Science, Technology, Engineering, and Mathematics) capstone course, in which students are engaged in activities relating to those areas as they embark through a journey of scientific discovery. This course acquaints students with the fundamental skills and procedures of individual research as well as experiences with the scientific process first hand. This is a course in which students use inquiry to experience the hands on nature of science. Students will receive instruction in the research process, computer applications, such as graphical analysis through the use of Excel, and grant writing. These processes will be integrated to a series of assigned laboratory activities representative of the different content areas. The use of electronic test equipment, as well as computer interface probes are an integral part of data collection. Students will be given extensive guidance in the preparation of a research paper to be prepared by the end of the course. An individual research project will also be developed during the course.

NEWS FROM THE CAREER CONNECTIONS CORNER...

***PROPER *PLANNING *PREVENTS *POOR *PERFORMANCE**

What a busy time of the year! Scheduling is occurring and Advisory Nights are around the corner. It's important for student and parent to understand some terms when planning for next year's classes.

If a student is interested in participating in a **Century High Internship** in their senior year, they **MUST** have 3-4 credits in a Career Major or a Century High Career Completer. The internship requirements can be found at www.centuryhigh.org

-**A Career Major** is a cluster of classes that focus on a particular career pathway. For example, a Law & Legal Career Major could open up the opportunity for an internship at a law firm or at the MD State Police Dept. Samples of some Law & Legal classes are: *Business Law, Political Science, Speech & Debate, Psychology, Sociology, etc.*

-**A Career Completer** is offered at CCCTC (**ex: Allied Health**) AND we also have some at Century High School (**ex: Accounting**). With a completer one does not have to have Alg II or 2 Foreign Languages but it is **STRONGLY** suggested. We know that businesses are looking for strong math and language skills. If a student chooses to **NOT** take Alg II or 2 Foreign Languages, it is *mandatory* that they have a 2.5 GPA to get into the Internship Program. Many completers **REQUIRE** an internship to graduate from high school so grades are a vital consideration when entering this program. **For example:** *If a student has a 1.8 GPA and is in the Animal Vet Science completer and they will need the internship to graduate from high school, they won't. They have to have the 2.5 GPA to enter into this program. Businesses want students who are dedicated to their class work, also.* Students really need to touch base with their counselors so that they are not "stuck" going into their senior year.

If a student is interested in attending CCCTC (Career & Tech), acceptance letters should be coming around the corner. Make sure that all graduation requirements are being taken care of when scheduling. If you have underclassmen, make sure they are taking the proper pre-requisites to get into a CCCTC program. (**ex: You must take Chem. II to get into Human Anatomy to get into Allied Health at CCCTC**)

CCCTC offers internships but it is managed by their Career Coordinator.

ALL FACULTY have received a FAQ manual on job shadows, internships, career majors, completers, etc. Please ask to see that manual during Advisory Nights if you have further questions. I will be available in the Career Century if you have questions. Make an appointment on those nights if you'd like a one-on-one Q&A session.

Concurrent Enrollment is popular amongst our students because they are receiving transferable credits to their eventual college of choice while they're in high school! Most students try to take general ed. classes and get them out of the way. This option makes good economic sense and gives them the college experience early. See your counselor if you have more questions.

REMINDERS:

- All juniors and seniors are eligible for participating in a **Job Shadow**. Please go to our website for more information.
- In December, we held a **Senior Internship Information Meeting**. We had 50 students attend! If your student wasn't able to attend, please have them make an appointment with questions they may have.
- In April, we will have **Mock Interviews** for all juniors. This mandatory activity is a great experience for our students and businesses alike! Please refer to our website to help prepare your student for this event. If you'd like to participate in this event, please contact Stacy DeSalvo at ssdesal@k12.carr.org for more information.

Also in April, we will have the **Application Meeting for Senior Internships**. Students must make sure they have the require-

PARENT ADVISORY CONFERENCES!

February 3rd (snow date February 10th) OR February 12th (snow date February 19th) from 4:00 pm to 7:30 pm.

Select courses for the next

Please call (410) 386-4400 today to arrange conferences with your child’s advisor to select classes for next year.

Deadline for scheduling your conference is January 23rd.

Conferences are held from 4:00 pm to 7:30 pm every 20 minutes

UPCOMING EVENTS

January 20–23	Final Exams
January 23	11:50am Early Dismissal
January 26	Schools Closed
January 27	1st Day of the 3rd Quarter Driver Training Program—6pm
January 30	Report Cards Distributed Course Selection Materials Due
February 3	Advisory Conferences (4-7:30pm)
February 11	12th Grade Assembly

February 12	Advisory Conferences (4-7:30pm)
February 16	Schools Closed
February 17	Schools Closed
February 20	“U-turn” Breakfast
February 21	Black & White Dance (8-11:00pm)
February 25	9th Grade Academy Meetings

Century High Athletic Boosters

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Thank you for your support of the Century High School sports teams.

Apparel Sales – We have many new items to sell during the winter season. Apparel will be sold at the boys' basketball games on 12/9 and girls' basketball games on 12/16.

For more information: mnsweeney@verizon.net

Concession News – We would like to thank all the parents who volunteered during the fall season in the outdoor concession stand. A special THANK YOU to the parents who worked numerous Fridays to help out during the football playoffs. We appreciate your help!

For more information: wjspindler@aol.com

Stadium Patio Project – Phase 2 Now Open! – Plans are under way for the addition of a second phase. Forms are available at the Apparel Table, concession stand, and at the Booster Website on line. Please visit the new patio in the stadium. Don't miss out on this Phase!

For more information: Glenda.soderstrom@cedarcrestone.com

Bull & Oyster Roast – March 7th at The Sykesville Fire Hall

For more information: howessports2@comcast.net

8th Annual Knights Classic Golf Tournament – April 26 at *The Links at Challedon*. For more information: abjhunter@yahoo.com

Booster funds at work...

Indoor Concession stand upgraded this summer

New apparel arriving each season

Rotating team uniform replacement each year

Athletic awards, banners, etc.

Varsity Club support

State Champion Apparel

Field maintenance- ongoing all year

Senior Class Scholarships – applications accepted in the spring

Website address: www.chsathleticboosters.com

Athletic Schedules on line: www.highschoolsports.net

Questions: anbrandt@comcast.net

All meetings will be in the media center @ 7:00 on the second Monday of the month.

CENTURY HIGH SCHOOL MUSIC BOOSTERS

www.knightsmusic.org.

CENTURY INDOOR PERFORMANCE ENSEMBLE

This a new and exciting performance opportunity for all talented Century students! The 2009 Indoor Performance Ensemble is a theatrical immersion experience and will be modeled after hit Broadway shows like "Blast", "Stomp", and "Blue Man Group". If your teenager dances, plays ANY instrument, sings, or wants to learn to spin a rifle/flag, this is a great winter/spring activity for them and their friends. Students will showcase their skills during four evening performances in early May at the Century High School Auditorium. The next rehearsal is this Tuesday, January 13th from 6-9. Rehearsals are every Tuesday from 6-9 as well as two Saturdays each month. \Please come and see what it's all about and bring a friend! Contact Sharron Antolick at chsmbsecretary@hotmail.com with any questions you may have.

SHOPWITHSCRIP.COM

Please visit the above website to participate in a fundraising program while you shop. It's easy because it involves *no selling* and the Boosters receive a regular source of revenue to fund all of the Music programs at Century. **Check it out today!** Or contact Scrip Program Coordinators Mary Laulis at mlaulis@verizon.net or Susan Stephey at stephey@verizon.net with any questions.

Come Join Us:

The Music Boosters next meeting will be Thursday, February 5th at 7:30 in the Chorus Room. Please join us and feel free to bring new people interested in helping support the students involved with all the Music Programs at Century! We are looking forward to seeing you!

Century High School Spirit Apparel

Purchase your winter clothing now and show your team spirit! The following items are available: sweat shirts, sweat pants, long sleeve shirts, t-shirts, gym bags, lanyards, hats, a variety of jackets and cotton blankets (throws), 48" x 68". Please visit the Music Boosters website at: www.knightsmusic.org or stop by the Main Office and see Mrs. Lewis for an order form.

CENTURY HIGH SCHOOL DRAMA CLUB INFORMATION

The CHS Drama Booster organization is open to all adults interested in supporting the CHS Drama Students. We are currently looking for volunteers to help on various committees and/or to assist with the spring production of OLIVER. Anyone interested should contact secretary, Gina Adolph, at sea4gma@aol.com (mark "Drama Boosters" in subject line) or attend our next meeting on **Wed. Feb. 4, 2009 from 7:00 - 8:00 p.m.** in the CHS Media Center.

Century High School's Drama Club, the Opening Knights, will be presenting OLIVER! Don't miss this exciting musical with Elementary, Middle School and Century High School actors performing together, along with the Century High School orchestra!

Performances will take place in Century High School's theater on March 12, 13, 14, 20 & 21, 2009, at 7:00 pm, and March 14 and 21, 2009, at 2:00 pm. Mark your calendar! Tickets are \$8 per person and can be purchased in advance from students during lunch mods at Century High School or at the box office of the CHS auditorium starting on March 2, Monday through Thursday, between 4:00 and 6:00 pm. For more information, visit www.centurydrama.com

PIZZA PARTY

Parent Pizza Party and Run of Act I for all cast, crew and pits members and families on January 29, 2009 at 6 p.m. we will start with pizza in the cafeteria and then see Act I of Oliver in the auditorium. Pizza is \$1 per slice and will be per ordered.

Century Students Recognized!

The following students earned
“ALL-COUNTY”

Orchestra Recognition:

Violin I — Katie Mankowski

Violin II—Madeliene Moses, Kira Miller

Viola—Anya O’Neal

Cello—Laura Wise, Danielle Chung, and
Cara Lundgren

Bass—Olivia Gaw

Flute—Hye Hyun Choi

Oboe—Sarah Respass, Dakota Smith

Bassoon—Thomas Holt II

Trumpet—Samantha Laulis

French Horn—Derek Jackson

Trombone—Tim Wothers, Erich Wolf (Bass
Trombone)

Battery—Kurtis Fedde

Harp—Kristine Sung

Band Recognition:

French Horn—Alex Wedekind

Trombone—Tyler Stephey

Tuba—Matt Champion

BbClarinet III—Sabra Bushey

*** Kristine Sung and Kurtis Fedde were
also recognized as “ALL-STATE” musicians
this year! Congratulations!

TIME TO STARTING THINKING ABOUT GRADUATION

CLASS OF 2009

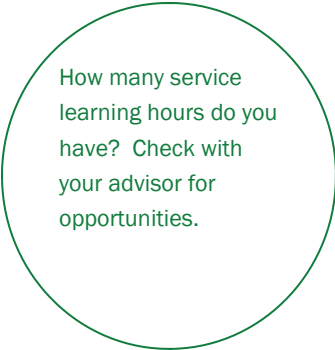
To the class of 2009 Parents-

We are beginning to collect baby pictures for the senior slideshow which is aired at various events towards the end of the year. The easiest way for us to collect pictures is for you to scan the picture in and send it as an attachment to chs09slideshow@gmail.com with the name of the student as the subject.

If you are not able to scan your picture, turn in a printed copy of your photo in a labeled envelope (name, advisor) in Ms. Adelman's mailbox by March 16, 2009. We can not guarantee that hard copies will be returned!

A BIG Thank you from your class historians:

Carla Hinson, Keely Saslow, and Kyra Whittenburg



How many service learning hours do you have? Check with your advisor for opportunities.



Juniors and Seniors:

Don't forget to register your vehicle and get a CHS Parking Permit!!

Have you paid your parking violations?



We are on the web!

www.centuryhigh.org

CARROLL COUNTY PUBLIC SCHOOLS
OUT-OF-DISTRICT REQUESTS FOR THE 2009 - 2010 SCHOOL YEAR

On January 20, 2009, out-of-district applications will be available in school offices. Board policy states that students who attend Carroll County Public Schools shall attend school in their designated attendance area. However, in very specific and limited circumstances, students may be placed in a school outside their attendance area if an approvable circumstance is deemed to exist.

Parents/legal guardians desiring an out-of-district placement for their child should carefully review the list of approvable circumstances listed on the back of the out-of-district application to determine whether the child meets the criteria for approval. **Carroll County Public Schools' out-of-district policy and regulation will be strictly adhered to in making decisions regarding admission of students to schools outside of their assigned attendance area.**

The only Carroll County Public Schools designated as "OPEN" for the 2009-2010 school year are as follows:

Cranberry Station Elementary	Hampstead Elementary
Ebb Valley Elementary	Manchester Elementary
Elmer Wolfe Elementary	Mt. Airy Elementary
Friendship Valley Elementary	Parr's Ridge Elementary
Robert Moton Elementary	Sandymount Elementary
Runnymede Elementary	Taneytown Elementary

MIDDLE

North Carroll Middle
Northwest Middle
New Windsor Middle
Shiloh Middle

HIGH

Francis Scott Key
Manchester Valley High
North Carroll High

All other Carroll County Public Schools will be designated as "CLOSED" for the 2009-2010 school year. This means that any out-of-district application submitted for placement to a "CLOSED" school for the 2009-2010 school year will be denied unless it meets the limited criteria for admission to a "CLOSED" school.

Parents/legal guardians who plan to submit out-of-district applications for the 2009-2010 school year need to be aware of the following procedures:

- It is the parent's/legal guardian's responsibility to obtain an out-of-district application from the school office or the Student Services Department. These applications will be available on January 20, 2009, *but not before*. Please be certain that the application obtained is for the 2009-2010 school year. Completed out-of-district applications may not be returned to the school office.
- The deadline for out-of-district applications for the 2009-2010 school year is **April 1, 2009**. Completed applications must be **postmarked or personally delivered** by the deadline date to:

Carroll County Public Schools
Student Services Department
125 North Court Street
Westminster, Maryland 21157

- Applications postmarked/received after the deadline date of **April 1, 2009** will be returned to the sender without consideration.

QUESTIONS REGARDING OUT-OF-DISTRICT ISSUES MAY BE DIRECTED TO THE SCHOOL'S PUPIL PERSONNEL WORKER, Steven Shoup, AT 410-386-4400.