



SEPTEMBER BREAKFAST 2009

Monday	Tuesday	Wednesday	Thursday	Friday
	1 (2) Pancakes w/ Syrup OR Choice of Cereal w/ Toast Fruit or Juice Milk	2 Waffles w/Syrup OR Muffin Fruit or Juice Milk	3 Sausage Patty on Roll OR (1) Bagel w/ Toppings Fruit or Juice Milk	4 Breakfast Pocket OR Choice of Cereal w/ Toast Fruit or Juice Milk
7  Labor Day SC HO OL S/O FFI CE S CLOSED	8 English Muffin Melt OR (2) Cinnamon Toast Fruit or Juice Milk	9 Sausage on Roll OR Choice of Cereal w/ Toast Fruit or Juice Milk	10 Breakfast Pizza OR (2) Cinnamon Toast Fruit or Juice Milk	11 (3) French Toast Sticks w/ Syrup OR Muffin Fruit or Juice Milk
14 (1) Bagel w/ Toppings OR Waffles w/ Syrup Fruit or Juice Milk	15 Donut OR English Muffin Melt Fruit or Juice Milk	16 (2) Pancakes w/ Syrup OR Choice of Cereal w/ Toast Fruit or Juice Milk	17 Breakfast Pocket OR Choice of Cereal w/Toast Fruit or Juice Milk	18 Sausage Patty on Roll OR (1) Bagel w/ Toppings Fruit or Juice Milk
21 Breakfast Pocket OR Choice of Cereal w/ Toast Fruit or Juice Milk	22 Donut OR (2) Cinnamon Toast Fruit or Juice Milk	23 Sausage on Roll OR Choice of Cereal w/ Toast Fruit or Juice Milk	24 Breakfast Pizza OR Muffin Fruit or Juice Milk	25 (3) French Toast Sticks w/ Syrup OR English Muffin Melt Fruit or Juice Milk
28 SCHOOLS/OFFICES CLOSED	29 (1) Bagel w/ Toppings OR Waffles w/ Syrup Fruit or Juice Milk	30 Donut OR English Muffin Melt Fruit or Juice Milk		

Carroll County Elementary Schools Lunch - \$2.00





½ Pint of Milk Served with each Menu

Milk without lunch - .50 cents

Peanut Butter Sandwich Available

Ice Cream - .75 cents

SEPTEMBER LUNCH 2009

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Ham & Cheese Sub OR Sloppy Joe on Roll Potato Rounds Watermelon Fruit Juice Bar	2 Pizzata Corn Fruit Cookie	3 Breadsticks w/ Meat Sauce Broccoli Peaches Jello	4 Pepperoni or Cheese Pizza Tossed Salad Fresh Fruit Dessert
7 Labor Day  SCHOOLS/OFFICES CLOSED	8 Chicken Tenders Mashed Potatoes w/ Gravy Roll Fresh Fruit Cookie	9 Grilled Cheese Sandwich Tomato Soup Peaches Fudge Bar	10 Spaghetti w/ Meat Sauce Tossed Salad Garlic Bread Orange wedges Fruit Juice Bar	11 Cheese Pizza Hot Vegetable Fresh Fruit Dessert
14 Sloppy Joe on Roll OR Tuna Salad on Roll French Fries Pears Animal Crackers	15 Popcorn Chicken Hot Vegetable Roll Applesauce Cookie	16 Ranchero Pizza Tossed Salad Roll Watermelon Orange Cream Bar	17 Chicken Nuggets w/Choice of Sauce Dinner Roll Cheesy Mashed Potatoes Green Beans Cinnamon Teddy Grahams	18 Pepperoni or Cheese Pizza Hot Vegetable Fruit Dessert
21 Hamburger or Cheeseburger on Roll Potato Rounds Fruit Orange Cream Bar 	22 Chicken Patty on Roll Scalloped Potatoes Fresh Veggies w/ Dip Fruit Cookie	23 Cheesesticks w/ Dipping Sauce Hot Vegetable Fresh Apples Fruit Juice Bar	24 Shredded Barbecue Chicken on Roll Mashed Potatoes w/Gravy Coleslaw Fruit Brownie	25 Cheese Pizza Tossed Salad Fresh Fruit Dessert 
MARYLAND	HOME	GROWN	LUNCH	WEEK
28 SCHOOLS/OFFICES CLOSED	29 Chicken Nuggets Green Beans Roll Applesauce Cookie	30 Soft or Hard Shell Taco w/ Cheese Shredded Lettuce Corn Fruit Pretzel Twists	