

OCTOBER 2009 BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
 <p><i>It's No Trick.....</i></p> <p><i>School Breakfast is a Healthy Treat!</i></p>			<p>1 (2) Pancakes w/ Syrup OR Choice of Cereal w/ Toast Fruit or Juice Milk</p>	<p>2 Cream Cheese Wrap w/Sausage OR Waffle w/Syrup Fruit or Juice Milk</p>
<p>5 Sausage Patty on Roll OR (1) Bagel w/ Toppings Fruit or Juice Milk</p>	<p>6 Breakfast Pocket OR Choice of Cereal w/ Toast Fruit or Juice Milk</p>	<p>7 Ham & Cheese Muffin OR (2) Cinnamon Toast Fruit or Juice Milk</p>	<p>8 Muffin OR Choice of Cereal w/ Toast Fruit or Juice Milk</p>	<p>9 Breakfast Pizza OR (2) Cinnamon Toast Fruit or Juice Milk</p>
<p>12 (3) French Toast Sticks w/ Syrup OR Muffin Fruit or Juice Milk</p>	<p>13 (1) Bagel w/ Toppings OR Waffles w/ Syrup Fruit or Juice Milk</p>	<p>14 Donut OR English Muffin Melt Fruit or Juice Milk</p>	<p>15 (2) Pancakes w/ Syrup OR Choice of Cereal w/ Toast Fruit or Juice Milk</p>	<p>16 SCHOOLS CLOSED</p>
<p>19 SCHOOL CHOICE</p>	<p>20 Sausage Patty on Roll OR (1) Bagel w/ Toppings Fruit or Juice Milk</p>	<p>21 Breakfast Pocket OR Choice of Cereal w/ Toast Fruit or Juice Milk</p>	<p>22 Ham & Cheese Muffin OR (2) Cinnamon Toast Fruit or Juice Milk</p>	<p>23 Chocolate Chip Muffin OR Choice of Cereal w/ Toast Fruit or Juice Milk</p>
<p>26 Breakfast Pizza OR (2) Cinnamon Toast Fruit or Juice Milk</p>	<p>27 (3) French Toast Sticks w/ Syrup OR Muffin Fruit or Juice Milk</p>	<p>28 (1) Bagel w/ Toppings OR Waffles w/ Syrup Fruit or Juice Milk</p>	<p>29 Donut OR English Muffin Melt Fruit or Juice Milk</p>	<p>30 (2) Pancakes w/ Syrup OR Choice of Cereal w/ Toast Fruit or Juice Milk</p>

Carroll County **Elementary** Schools Lunch -
 ½ Pint of Milk Served with each Lunch
 Milk without lunch - .50 cents
 Ice Cream - .75 cents

\$2.00



OCTOBER 2009 LUNCH



Monday	Tuesday	Wednesday	Thursday	Friday			
			1 Chicken Patty on Roll Vegetable Soup Peaches Fruit Juice Bar	2 Pizza Tossed Salad Fresh Fruit Cookie			
5 Sloppy Joe on Roll Potato Rounds Tossed Salad Applesauce Popsicle	6 Pizzata Fresh Veggies w/ Dip Fruit Cookie	7 Chicken Tenders Cheesy Mashed Potatoes Roll Fruit Animal Crackers	8 Breadsticks w/ Meat Sauce Tossed Salad Peaches Pudding	9 Pepperoni or Cheese Pizza Mixed Vegetables Fruit Dessert			
12 Grilled Cheese Sandwich Tomato Soup Peaches Teddy Grahams	13 Chicken Quesadilla Corn Cinnamon Apples Cookie	14 Chicken Parmesan Sandwich Green Beans Mixed Fruit Sherbet	15 Pizza Tossed Salad Fruit Dessert	16 <p style="text-align: center;">SCHOOLS CLOSED FOR STUDENTS</p>			
NATIONAL		SCHOOL		LUNCH		WEEK	
19 Pizzatas Diced Carrots Orange Wedges Italian Ice	20 Chicken Nuggets w/ Choice of Sauce French Fries Roll Peaches Fruit Juice Bar	21 Soft or Hard Shell Taco w/ Cheese Shredded Lettuce Corn Fruit Pretzel Twists	22 Garlic Breadsticks w/ Meat Sauce Tossed Salad Pears Jello	23 Pepperoni or Cheese Pizza Green Beans Fruit Dessert			
26 Oven Baked Cheesesticks w/ Dipping Sauce Green Beans Pears Cheddar Whales	27 Ham & Cheese Wrap Chicken Noodle Soup Fresh Veggies w/ Dip Apple Cookie	28 Popcorn Chicken Roll Hot Vegetable Fruit Cookie	29 Ranchero Pizza Corn Baked Cinnamon Apples Dessert	30 Pizza Tossed Salad Peaches Cookie			