

APRIL 2009

Carrolltowne Website: <http://www.carrollk12.org/ces/>



Mission Statement

The mission of Carrolltowne Elementary School is to support and motivate students to become confident and responsible learners.

Carrolltowne Cardinal News

Carrolltowne Elementary

6542 Ridge Road
Sykesville, MD 21784

Main Line: 410-751-3530
Absence Hotline: 410-795-5673
Fax Line: 410-751-3534
www.carrollk12.org/ces/

DATES TO REMEMBER

- ☺ April 1—Class/Individual Picture Day
- ☺ April 2—PTA Meeting, Media Center @ 7PM
- ☺ April 3—School Spirit Day Mix-Match Day
- ☺ April 7—Volunteer Training at Carrolltowne, 6:50 PM, Cafeteria
- ☺ **April 8—2 Hr. and 45 Minute Early Dismissal (No classes for E.C.S.N. students) Dismissal begins at 1:00 PM**
- ☺ April 8—3rd Marking Period Ends
- ☺ **April 9—13—Schools/Offices Closed for Spring Holiday**
- ☺ April 14—4th Marking Period Begins
- ☺ April 17—2nd Gr Classroom-Tobacco Program @ 1:35
- ☺ April 17—Quarter 3 PBIS Celebration/Assembly
- ☺ April 21—Art Night in the cafeteria from 7-9PM
- ☺ April 23—Math & Science Fair, Cafeteria @ 6:30 PM
- ☺ April 24—Arbor Day
- ☺ May 6—Family Life Video 4th Grade Parent Preview from 6:00-6:30 PM
- ☺ May 6—Family Life Video 5th Grade Parent Preview from 6:30-7:00PM
- ☺ May 8—School Spirit Day, Sunglasses Day
- ☺ **May 12—2 Hr. and 45 Minute Early Dismissal (No classes for E.C.S.N. students) Dismissal begins at 1:00 PM**

Principal's Corner

What a difference a year makes! This time last year I was communicating to you the initial plans for our open space enclosures; and, now I am happily sharing that the reconstruction on phase 3 is ahead of schedule and may be completed before mid-June! Phase 3 will look a little different than the other suites completed due to its original architectural structure and framing but will still house four newly enclosed classrooms, planning and storage space. The new fire sprinkler system continues to be installed throughout the building. That work is being completed at night with minimal disruption to daily classroom instruction.

During our March Kindergarten registration week, 82 new students were registered for the high school class of 2023! We welcome our new families to Carrolltowne as well as the sibling of our current families! Please spread the word to your neighbors

that registration continues throughout the summer. The earlier the registration, the better prepared we are with staffing however.

This month we formally recognize the many volunteers who selflessly give of their time and talents to assist the students, families and staff of Carrolltowne. As of March 20, 2009, Carrolltowne Elementary had 383 volunteers who have provided us with 1,873 hours of service since the beginning of this school year! In June of 2008 school year, our final volunteer count included 435 registered volunteers who contributed 3,342 hours of service to our school. We are extremely fortunate that we are in a community that values education and children and, whose members are able to share their time and talents with us. Sincerest thanks to our parents, grandparents, aunts, uncles and significant others that give their time so generously.

My list of thank you's and heartfelt appreciation continues as we celebrate *Administrative Professionals Week*, April 19th—25th. I cannot do what I do nor could I manage our daily messages, data, meeting schedules, finances and greetings without the support and daily efforts of *Mrs. Wharton, Mrs. Farnum, Mrs. Glasscock, and Ms. Allia!* In addition, *Mrs. Kaufmann*, our media clerical and *Mrs. Vratarich*, special education assistant/clerical. Huge appreciation to each of them for what they are able to do for us each day! We also celebrate and express our appreciation to *Mrs. Claudia Bowen*, our school psychologist, who supports our students and school wide initiatives with her coaching and specialized skills. (School Psychology Week, April 26-May 2)

It absolutely takes a village! Happy Spring!

Terry Ball
Shavon Showers

Counselor's Corner

Spring has arrived and I couldn't be happier to be back at Carrolltowne. I would like to thank Kaye Myers for substituting during my absence, and also thank the staff at Carrolltowne for being so flexible with lessons and groups. I appreciate everyone's kind thoughts and well wishes for a speedy recovery.

As we enter April, the month of self-confidence in Carroll County, my mind goes to all the teachers and parents and the ways in which they build self-esteem in our children. I would have to say that my top 3 ingredients to building self-confidence in children are:

1. Time
2. Attention
3. Language

Most of you reading this would say I already spend time with my children and while doing so, pay attention to them and talk to them. To that I say, "Great! Keep it up!" Children need to know that the adults in their lives appreciate what they have to say and can recognize them for giving their best effort. Children also need to

know that if they make a mistake or make a bad choice, that the adults in their lives will support them and problem solve with them to avoid future mishaps.

That being said, I would like to add a character trait to April's "self-confidence": Humility. Two definitions of humility are "meek" and "unpretentious." For example, the child that is proud of his ability to draw well can also appreciate his peer's ability to draw well and compliment him on that. Also, a child that loves to play soccer and thinks she is a great forward can recognize her teammate for being a great goalie.

The balance between self-confidence and humility is something even adults have a hard time finding in their lives. As influential adults, we must be aware of the messages we send to our children about self-esteem in relation to others. No one wants to be friends with an arrogant, prideful person; alternatively, the friend who feels good about herself helps us to feel good about ourselves. The true balance is when we can lift

each other up, with positive language and self-less acts.

This anonymous quotation says it well: "You must love yourself before you love another. By accepting yourself and fully being what you are, your simple presence can make others happy."



COMMUNITY HAPPENINGS

Liberty High School
Presents
Fiddler on the Roof
April 17 & 18 @ 7:00 PM
April 24 & 25 @ 7:00 PM
Tickets: \$8.00 each
410-751-3560

Nurse's Notes

Please see the attached information on Asthma Triggers and Secondhand Smoke. (page 9 and 10)



Celebrate Our Nurses!
National School Nurse Day
May 6
2009



Reminder:

Please remember that electronic devices, games, and toys are not allowed in school.

Games and toys brought to school will be held for parent pick-up when necessary as will cell phones.

Public School Volunteer Week

April 19–25
2009

We applaud the volunteers at Carrolltowne!
You make a difference for us each day!



Cafeteria News:

Dear Parents, Faculty, and Staff of Carrolltowne Elementary,

I would like to take this opportunity to introduce myself. My name is Lorrie Brown and I am the new cafeteria manager at Carrolltowne Elementary. I have worked in Carroll County Public schools for 11 years and am excited to be your new cafeteria manager. I look forward to serving your children as well as the staff and faculty at Carrolltowne. I am enjoying getting to know the names and faces of all our wonderful students.

I would like to remind all the parents that you may prepay for lunches and breakfasts anytime. The students can bring their checks down to the cafeteria first thing in the morning or give them to the teacher to be sent down to me in an envelope from the class. Lunch and breakfast tickets may be purchased in advance for any number above two. The cost of breakfast is \$1.25, student lunch is \$2.00, and an adult lunch is \$3.25. For those who qualify for reduced meals breakfast is \$.30 and lunch is \$.40. Purchasing prepaid lunches insures that your child doesn't have to borrow for lunch because they forgot their money or bagged lunch at home. The prepaid lunches last for the entire year and I will let your child know when they are out of lunches.

If a student does not have lunch money they are allowed to borrow it from us. A borrow slip will be filled out and a carbon copy given to your child. We request that the borrowed money be repaid as soon as possible. If you send in a check for prepaid lunches the amount you owe will be taken out of that. Please check with your students periodically to see if they have borrowed for lunch or breakfast. If you have any questions or concerns you may contact me at school and I will be happy to assist you. Thanks in advance for your attention to this matter.

Sincerely,

Lorrie R. Brown
Cafeteria Manager
Carrolltowne Elementary

NEED HELP?

If your financial situation has changed you may qualify for free or reduced lunch. Applications are accepted throughout the school year and are renewed annually. Applications are available by request at school. Working parents who qualified for aid won't lose eligibility during the year if their financial situation improves.

You haven't missed the bell!



We accept
applications for
free and reduced-
price meals all year
long.

2009-2010 School Year Enrollment



- Enrollment in kindergarten is mandatory for children who will be five years of age on or before September 1, 2009.
- Students may only be registered by a parent or court appointed guardian and must provide identification for themselves when registering their child.
- Parents must provide proof of residency, verification of child's birth, and the specific address from which the child will be transported to school and the specific address to which the child will be transported after school.
- Acceptable types of documents for enrollment are: A signed lease/rental agreement on a home/apartment; A recent utility bill for a service to the residence (e.g. BGE, land-line phone, cable, oil, water); A signed settlement document; A mortgage statement/bill.

DATES ON DOCUMENTS MUST BE WITHIN 60 DAYS OF ENROLLMENT AND NOTE PRIMARY RESIDENCE.

Fine Arts Team

Physical Education— The month of April will begin with some Physical Education classes going outside. As the weather gets warmer, please encourage your child to bring whatever jackets or sweatshirts to class that they wear to school.

All classes will be working on Stick Striking Skills (Hockey-Related activities) or Stick Related Throwing and Catching (Lacrosse-Type Skills). Grades K-3 will be participating in fundamental skill activities such as dribbling, scooping, passing, and catching. Grades 4 and 5 will also be spending time on skill development with more team or small group activities towards the end of the unit.

Finally, all families should have received a letter requesting volunteers for Play Day. Please consider sending back the attached form to help out on May 28. We really do need parental support to make our Play Day the great event that it is! If you can help out for half of the day it would be appreciated. The final volunteer training date at Carrolltowne is April 7 so if you need the training please make sure that you attend on that date.

Vocal Music— CES students in all grades continue to learn new songs, respond in movement to the elements of music, read notation, and sharpen listening skills. Specific concepts for Mrs. Ready's classes this month include: Kindergarten - AB form; Grades 1,2, & 4 - completion of their study of harmony, moving on to form; Grade 3 - recorders; and Grade 5 - continuing with harmony and a study of chords. Mrs. Saxton's Kindergarten classes will continue to read and respond to picture icons representing the elements of music, are working hard to use a singing "head voice", and are using their listening skills to analyze music and respond in movement

(high/low, fast/slow, loud/soft); Grade 1 students will be listening for loud and soft dynamics in a variety of musical styles, will work with note syllables - sol, mi, and la, and will notate and perform rhythm patterns which now include quarter rests; Grade 2 students will continue to explore the Mi-Re-Do-Sol-La pitch relationship and the reading of these notes on a staff, will continue to sing rounds, and will also learn about the brass family.

All students in Grades 3-5 will also be playing recorder this month. The overall goal for this unit is for children to read and perform pitch notation on the treble clef staff with rhythmic accuracy and a pleasing tone quality. Students will also improvise on their instruments. Mrs. Saxton's 4th and 5th grade students will culminate their study by notating and performing their own recorder composition. Each week, your child will be assigned a few short songs to practice at home. It is essential for children to practice at home in order for our classes to continue to progress. (Parents of Mrs. Saxton's students should note practice details on their child's practice chart and initial this chart each week - at least 25 minutes of practice per week). If your child needs help at any time during this unit, please give us a call and we'll schedule a time to work with him/her. Do encourage your child to play for family and friends. If you play recorder or any other instrument, consider playing along with your child. The recorder experience can be a family activity!

Congratulations to our Eisteddfod representatives on a fine performance! We welcomed Nick Griffin to our group of representatives when Melanie Jerome was unable to serve

as a representative. Melanie will be in a national tour of The Wizard of Oz. "Congratulations, Melanie!"

Health Class— This month we would like to inform parents about the upcoming Family Life lessons for 4th and 5th graders. In accordance with the Carroll County Public Schools Health Curriculum and Article 77, Section 85 of the Public School Laws of Maryland concerning Human Development and Family Life, our program of Family Life and Human Development for 4th and 5th grade girls and boys will be presented on Tuesday, May 12th. The following videos will be shown:

Looking Ahead; About Boys (5th Grade)

Looking Ahead; About Girls (5th Grade)

Just Around the Corner for Boys (4th Grade)

Just Around the Corner for Girls (4th Grade)

Girls and boys are separated for this lesson and view only their corresponding video. Only students returning signed permission slips may participate in the lessons.

Parents will have the opportunity to preview the videos at Carrolltowne on Wednesday, May 6th. Parents of 4th graders are invited from 6:00pm-6:30pm. Parents of 5th graders are invited from 6:30pm-7:00pm.

More information as well as permission forms will be sent home prior to the parent preview night.

Fine Arts Team (continued from page 4)

Media— This has been an exciting time in the media center. Mrs. Rivera is home with her new baby boy, and Mrs. Ellerbrock is spending some time with us until Mrs. Rivera returns later this spring. We also celebrated all of our Media Festival participants with a casual reception on Monday, March 9, and the first place entries have been delivered to the Resource Center at Central Office to compete at the county level. **Congratulations to everyone who participated in this learning opportunity!**

Every April we celebrate Library Media Month. This year we want to celebrate the month with a contest that recognizes and encourages readers. Each week we will have two questions posted in the media center. During each student's media class, one will have the opportunity to answer the questions and enter the answers into the drawing. In order to correctly answer these questions, one must have read the book (from which the questions originate). Any student may answer one or both questions. At the end of the week, we will draw one winner from the correct answers. The winning students will have their names and the correct answers announced each Monday morning in April. Following the announcements, the winning students will come to the media center to select a pencil or a bookmark as a prize. The questions, answers, and winners' names will re-

main on display throughout the month to encourage others to read!

Media Festival Winners **Grade Level 3-5**

Photography **Life Study – Color**

1st: Megan Frey
2nd: Nick Leupen
3rd: Carly Paratore
Hon. Men: David Wallace

Landscape – Color

1st: Carly Paratore
2nd: Tommy Steinebrunner
3rd: Daniel Gauthier
Hon. Men: David Wallace

Still Life – Color

1st: Tommy Steinebrunner
2nd: Nicole Starego
3rd: Jordyn Thompson

Special Effects – Color

1st: John O'Neill
2nd: Owen Borders
3rd: Carly Paratore
Hon. Men.: Megan Frey

Graphic Design

Graphic Design – Commercial

1st: Jordyn Thompson

Video

Multimedia Video to Entertain

1st: Madison Jermain

Slide Show Stills

Slide Show Stills to Entertain

1st: Jayne Eckenrode and Abby Koenigsmark

Media Festival Winners **Grade Level PreK – 2**

Photography

Life Study – Color

1st: Rachel Thiem
2nd: Skylar Benson
3rd: Jack Wilcom
Hon. Men.: Anthony Marsico

Life Study – Monochrome

1st: Hannah Shuman

Landscape – Color

1st: Beth Lanier
2nd: Skylar Benson
3rd: Jack Wilcom
Hon. Men.: Rachel Thiem

Landscape – Monochrome

1st: Hannah Shuman

Still Life – Color

1st: Tommy O'Neill
2nd: Cara Fliegel
3rd: Skylar Benson
Hon. Men.: Katherine Starego

Still Life – Monochrome

1st: Jack Wilcom

Graphic Design

Graphic Design – Original

1st: Alanna Wray

Carroll County Schools ADA Compliance Statement

The Board of Education of Carroll County does not discriminate on the basis of disability in employment or provision of services, programs or activities. Information concerning the Americans with Disabilities Act is available from the Director of Facilities, 410-751-3177. Persons needing auxiliary aids and services for communication should contact the Office of Community and Media Relations at 410-751-3020, TTY 410-751-3034, or write to Carroll County Public Schools, 125 North Court Street, Westminster Maryland, 21157 at least one (1) week in advance of the date the special accommodation is needed.

Reading News from Sue Abramson

This month I will focus on Tips for parents of Third graders. By this level we are helping our children build understanding as instruction changes from "*learning to read*" to "*reading to learn*". As children continue to build strategies and skills in the area of reading, their decoding needs to be automatic. Time can now be used to construct meaning rather than figuring out words. So how can we help our children at this point?

Make books special.

Reading can be a special activity any time. Collect books and create personal libraries in children's rooms and a family library somewhere else. Go to the public library, get a library card and check out those books!!!

Get them to read another one.

How can we get our children to pick up another book? Read books that are a part of a series; Nate the Great, or The Boxcar Children. Find your favorite author and read as many of her/his books as you can; Judy Blume, or Beverly Cleary. The librarian can assist you!

Crack open the dictionary.

Help children use a dictionary to check meanings of words they don't know. Let them see you use a dictionary to discover new meanings to familiar words. Buy a child's dictionary for easier use.

Talk about what you see and do.

This activity is on-going. Building background knowledge is critical for comprehension. Children need to bring a lot of information to stories especially when read-

ing nonfiction or informational text. So take time to talk about everyday activities and encourage them to share ideas or ask questions about topics they wish to explore.

First drafts are rough.

Writing is another on-going activity. Writers need to take certain steps when creating a paragraph, story or informational article. Encourage your child to write his/her ideas in interesting sentences. Choosing words that create visual images and sharing their voices or feelings will change an ordinary tale into a powerful writing piece. A first draft helps a student to get the ideas down and then allows them to revisit the text to improve what has been written. Even famous authors have many rough drafts or have taken time to revisit their saved manuscripts.

Different strokes for different folks.

Different genres or types of books will appeal to different readers. Boys tend to enjoy nonfiction on their favorite topics. Girls may prefer realistic fiction or biographies. Reading from a variety of genres will broaden children as readers and writers.

Teach your children some "mind tricks".

When children make predictions while reading they are using another critical strategy for comprehension. We do it all the time in everyday experiences. We are always anticipating what will happen

next!! Summarizing a story or article helps children remember the most important events or details. Again, this activity happens all the time when sharing a movie or ball game.

"Are we there yet?"

Talking about words is a valuable part of reading and writing. Listening for the number of syllables, discussing the multiple meanings of a word, or finding the synonyms or antonyms can be fun. While riding, waiting or cooking, take time to share the wonderful language we have so that children can feel confident about the words they see, hear, read and write. Building word power builds reading and writing power!!!!

DIRECTORY OF WEBSITES

Carrolltowne Elementary:

<http://www.carrollk12.org/ces/>

Carrolltowne Elementary Parent Handbook:

<http://www.carrollk12.org/ces/handbook/default.asp>

Carrolltowne Elementary PTA:

<http://www.carrolltownepta.com/>

Carroll County Public Schools:

<http://www.carrollk12.org/default.asp>

Volunteer Training Schedule:

<http://www.carrollk12.org/Assets/file/CCPS%20News/volunteer-march-may09.pdf>

Eschoolnewsletter:

<http://www.eschoolnewsletter.com/>



Dress Code Reminder

As the warmer weather approaches, please remember that students of Carroll County Public Schools are required to groom themselves in a manner that is modest, clean, appropriate, decent and not disruptive to the educational process.

Students are expected to abide by this dress code upon arrival to the school building through the end of the school day. The requirements include, but are not limited to:

Head Coverings:

Hats, sunglasses, or head coverings of any kind, including bandanas and visors, shall not be worn in the school building unless approved for religious or medical reasons.

Certain headbands, scrunchies, etc. which are used to hold hair in place and do not cover the entire head are permitted.

Shirts:

Shirts cover the entire back i.e., no cutout backs, not shirts that tie in back).

Cover the undergarments (i.e. muscle shirts, under armor shirts, and tank tops are considered undergarments and must have a shirt over them).

Cover the midriff area (bottom of the shirt must meet the top of the lower attire at all times).

Not be see-through

Fit modestly so that cleavage area is covered.

Have two straps, one on each shoulder (no tube tops or halter tops).

Skirts/Skorts/Shorts/Pants:

Should not be excessively short.

Pants shall cover undergarments at all times and not be excessively long as to drag on the floor.

A student found wearing inappropriate clothing shall be asked to change or remove the item. Should the student not be able to change or remove the item, clothing may be provided by the individual school is necessary.

(Student Handbook, pp. 5-6)

Carrolltowne's Last On-Site Volunteer Training—April 7th

April 7th is Carrolltowne's last on-site volunteer training for this school year. If you are planning to volunteer at a spring or end of year event, field trip, or in the classroom, please mark this date on your calendar. Additional volunteer trainings will be held before and after April 7th at other CCPS locations. Please remember **arrive 10 minutes** prior to the start time and to also call on the day of the training to confirm that the training is still being held. You can get additional information on the website.



<http://www.carrollk12.org/Assets/file/CCPS%20News/volunteer-march-may09.pdf>

F.Y.I.

Gifted and Talented Program Information

When students are screened for gifted and talented intervention, outstanding academic ability and certain characteristics and thought processes are observed and documented. Teachers look for students who possess a wealth of information about selected topics and/or are able to grasp information quickly and remember it with little practice. They observe students who are able to understand general concepts and make abstractions and connections between seemingly unrelated topics and ideas. If a student possesses some or all of these abilities, he or she can be screened for identification.

Components of the Gifted and Talented Education Program Individual Student Profile

All data in each of the following areas are rated as strong, moderate or weak evidence that gifted and talented services are needed or appropriate.

Multiple Data Points

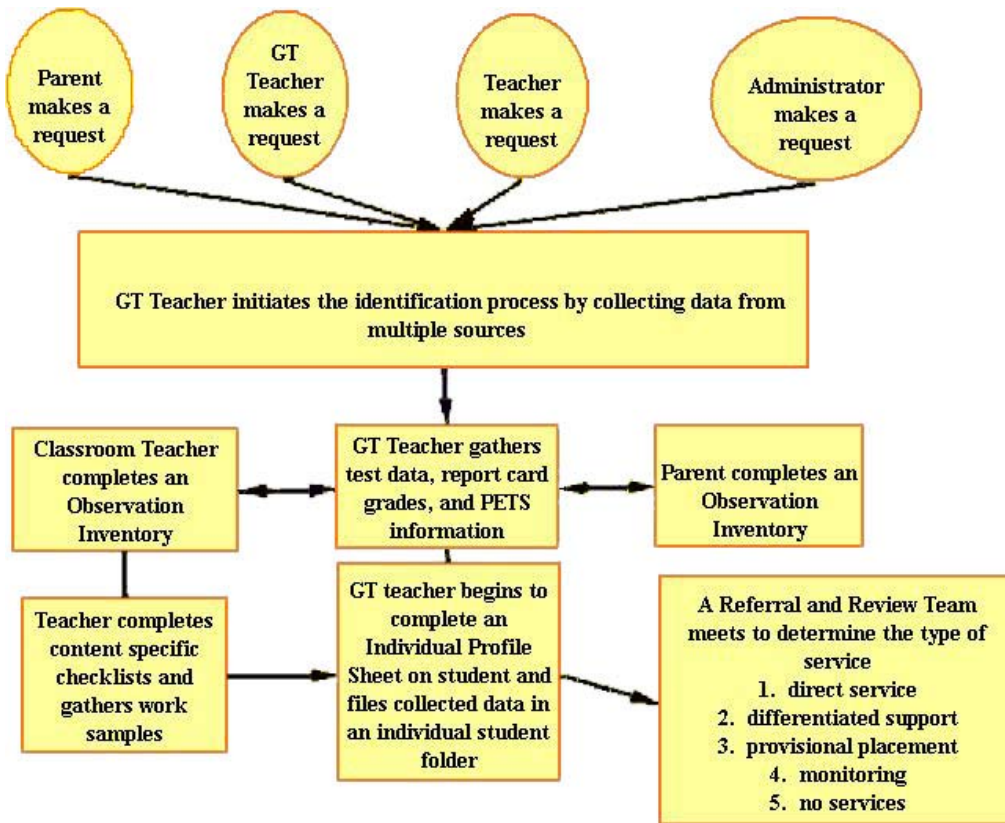
- Teacher Observation Checklist – includes characteristics of gifted students
- Parent/Guardian Observation Checklist – includes characteristics of gifted students as seen by parent
- Primary Education Thinking Skills (PETS) Individual Checklist – includes data from second grade thinking skills program
- Content Specific Checklist – observations from teachers on content specific behaviors of gifted students
- Production Data – work samples provided by teacher and/or parent
- Cognitive Ability Test – aptitude test given to nominated students
- Maryland School Assessment – achievement tests taken by 3rd, 4th, and 5th grade students
- Academic Instructional Reading Level
- Academic Instructional Mathematics Level
- Report Card Grade and Work Habits

Once all of the data have been reviewed by the Gifted and Talented Referral and Review Team, one or more of the following recommendations are made in order to differentiate instruction:

- ILA/Math Enrichment Services
- Provisional Placement in ILA/Math Enrichment Services (reevaluation of placement to occur after each unit or mid-year)
- Accelerated Mathematics (above-grade level grouping)
- Differentiated Support Services (classroom teacher receives resources from GT resource teacher to help meet needs of student in regular classroom)
- Monitoring and annual review (student is reviewed again mid-year and end-of-year or when new data is available)
- No GT interventions needed at this time

The Referral and Review Team convenes 3 times a year – fall, winter, spring or as needed.

GT Program Referral and Review Team



The Referral and Review Team consists of school based professionals, which may include an administrator, the GT teacher, a school counselor, and classroom teachers.

Evaluation for gifted and talented intervention begins in the spring of second grade and continues throughout the school year for grades 3, 4, and 5. The chart above illustrates the sequence of steps involved in the screening process.

Should you have any additional questions, please contact your school's Gifted and Talented Resource Teacher.

Secondhand Tobacco Smoke and the Health of Your Family

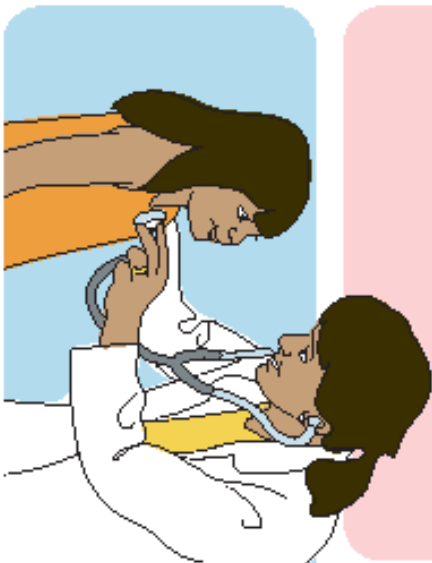


Make your home smoke-free. Secondhand smoke is the smoke that comes from a cigarette or other tobacco that someone other than you is smoking.

Secondhand Smoke is Dangerous

Everyone knows that smoking is bad for smokers, but did you know—

- Breathing smoke from someone else's cigarette, pipe, or cigar can make you and your children sick.
- Smoking inside a home or car is more dangerous because smoke gets trapped inside—even fans and open windows don't help.
- Children who live in homes where people smoke get sick more often with coughs, breathing problems such as asthma, and ear infections.
- Secondhand smoke is also linked to Sudden Infant Death Syndrome (SIDS).
- Secondhand smoke can cause lung cancer in adults and is also bad for the heart.



Protect Your Family

- Make your home and car smoke-free.
- Family, friends, and visitors should never smoke inside.
- If you smoke, smoke only outside.
- Ask your doctor for ways to help you stop smoking.



Remember

Keeping a smoke-free home can help improve your health, the health of your children, and your community.

www.epa.gov/smokefree



ERA 4024-06-004
March 2006



CLEARING THE AIR OF ASTHMA TRIGGERS

10 STEPS TO MAKING YOUR HOME ASTHMA-FRIENDLY

- 1. Take it outside.** One of the most common asthma triggers in the home is **secondhand smoke**. Until you can quit, smoke outside, not in your home or car.
 - 2. Good night, little mite!** **Dust mites** are also triggers for asthma. For mite population control, cover mattresses and pillows with dust-proof (allergen impermeable) zippered covers. Wash sheets and blankets once a week in hot water.
 - 3. Play it Safe.** Ozone and particle pollution can cause asthma attacks. Watch for the Air Quality Index (AQI) during your local weather report. When AQI reports unhealthy levels, limit outdoor activities.
 - 4. A little goes a long way.** Reduce everyday dust build-up, by regularly dusting with a damp cloth and vacuuming carpet and fabric-covered furniture.
 - 5. Stake your claim.** **Household pets** can trigger asthma with skin flakes, urine, and saliva. Keep pets outdoors, if possible.
 - 6. Uninvite unwelcome guests.** **Cockroaches** can trigger asthma. Don't invite them into your home by leaving food or garbage out. Always clean up messes and spills and store food in airtight containers.
 - 7. Think before you spray.** Instead of pesticide sprays, control pests by using baits or traps. If sprays are necessary, always circulate fresh air into the room being treated and keep asthma sufferers out of that room for several hours after any spraying.
 - 8. Break the mold.** **Mold** is another asthma trigger. The key to controlling mold is controlling moisture. Wash and dry hard surfaces to prevent and remove mold. Replace moldy ceiling tiles and carpet.
 - 9. Air it out.** Reducing the moisture will control asthma triggers like **mold**, **cockroaches**, and **dust mites**. Use exhaust fans or open windows when cooking and showering. Fix leaky plumbing or other unwanted sources of water.
 - 10. Plan before the attack.** Work with your doctor or health care provider to develop a written asthma management plan for your child that includes information on your child's triggers and how to manage them.
- Post a note.** Post this plan on your refrigerator to help *control asthma triggers and reduce asthma attacks in your home*. Share it with those who spend time with your child like teachers, babysitters, and coaches.

2 HOUR AND 45 MINUTE

EARLY DISMISSAL DAYS:

(ECSN students do not attend classes on these days)

April 8—System Wide
May 12—Elementary Only
June 15 and June 16—System Wide

Doors Open at 8:45 AM
Morning bell rings at 9:15 AM
Dismissal bell rings at 3:45 PM



3 Ways to Report your Child's Absence

You may now report your child's absence via email! This email is only for absences, not any form of change in dismissal notifications. Include your child's full name, grade/teacher, date of absence(s) and reason for the absence to:

cesattendance@k12.carr.org

This method will also act as your written document for your child's absence.

You may also continue to contact the Absence Hotline (410-795-5673) to leave a message that your child is absent. The call can be placed during non-school hours between 4:00 pm and 8:30 am. You are still required to submit a written note once your child returns to school if using this method of reporting your child's absence.

A third method of reporting your child's absence is to send in a written note to your child's teacher once your child has returned to school from an illness, or prior to any pre-planned vacations to allow time for the principal to approve the request in advance. Forms are available on the school website if you wish to use them.

http://www.carrollk12.org/assets/File/CES/dismissal_note.pdf

Daily Lunch Schedule

2nd Grade—11:20—11:50
5th Grade—11:45—12:15
3rd Grade—12:05—12:35
Kindergarten—12:20—12:50
1st Grade—12:40—1:10
4th Grade—1:00—1:30

Two Hour and 45 Minute

**Early Dismissal
Lunch Schedule**

Kindergarten—10:30—11:00
Fourth Grade—10:45—11:15
First Grade—11:10— 11:40
Fifth Grade—11:20—11:50
Second Grade—11:45—12:15
Third Grade—11:55—12:25

**INCLEMENT WEATHER
INFORMATION**

Please remember to check school closings and delays with your local news stations, radio stations, email alerts (eschoolnewsletter or local news stations), or Comcast Channel 21 for any CCPS announcements regarding school closings and delays.

For a complete listing of channels and stations, please refer to page 20 of the CCPS Information Calendar that you received in the beginning of the school year. You can also check the CCPS website at:
<http://www.carrollk12.org/default.asp>

Parents are urged not to call the Board of Education or their child's school to inquire about school closings and delays.

Delayed Opening/Early Dismissal Schedule

Grade Level	1 Hour Late Opening	2 Hour Late Opening	1 Hour Early Dismissal	2 Hour Early Dismissal
Prep A.M.	Schedule 10:15 - 11:45	Schedule 11:15 - 12:50	Dismiss as usual	Dismiss as usual
Prep P.M.	Schedule 1:10 - 3:45	Schedule 2:10 - 3:45	Dismissal at 2:45	Canceled
Gr. K thru 5	Schedule 10:15 - 3:45	Schedule 11:15 - 3:45	Dismissal at 2:45	Dismissal at 1:45